






















Adak Island, AK - Aug 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:18	3.4	10:24	3.0			1:50	-0.3	6:09	9:36	
2	Thu	6:13	2.7	9:57	3.0	2:50	2.6	2:23	0.3	6:10	9:34	
3	Fri	8:28	2.2	9:56	3.3	4:04	1.8	2:52	0.9	6:12	9:33	
4	Sat	10:53	2.0	10:08	3.7	5:01	0.9	3:13	1.6	6:13	9:31	
5	Sun			10:29	4.1	5:54	0.1			6:15	9:29	
6	Mon			10:58	4.4	6:46	-0.5			6:17	9:27	
7	Tue			11:34	4.6	7:38	-0.9			6:18	9:25	
8	Wed					8:31	-1.2			6:20	9:24	
9	Thu	12:15	4.7			9:25	-1.2			6:21	9:22	
10	Fri	1:01	4.6			10:18	-1.2			6:23	9:20	
11	Sat	1:48	4.4			11:10	-1.0			6:24	9:18	
12	Sun	2:37	4.1			11:58	-0.7			6:26	9:16	
13	Mon	3:30	3.6	10:17	3.0			12:43	-0.4	6:28	9:14	
14	Tue	4:35	3.2	9:59	2.9	12:35	3.0	1:24	0.0	6:29	9:12	
15	Wed	6:01	2.7	9:52	2.8	2:32	2.5	2:00	0.5	6:31	9:10	
16	Thu	7:46	2.3	9:45	2.8	3:37	2.0	2:33	1.0	6:32	9:08	
17	Fri	9:43	2.1	9:40	2.9	4:23	1.5	3:02	1.5	6:34	9:06	
18	Sat	11:51	2.2	9:42	3.1	5:02	1.0	3:25	2.0	6:36	9:04	
19	Sun			9:48	3.3	5:40	0.6			6:37	9:02	
20	Mon			10:00	3.5	6:18	0.2			6:39	9:00	
21	Tue			10:18	3.8	6:59	0.0			6:41	8:58	
22	Wed			10:44	4.0	7:41	-0.2			6:42	8:56	
23	Thu			11:18	4.1	8:24	-0.4			6:44	8:53	
24	Fri			11:58	4.2	9:07	-0.5			6:45	8:51	
25	Sat					9:50	-0.5			6:47	8:49	
26	Sun	12:44	4.1			10:32	-0.5			6:49	8:47	
27	Mon	1:36	3.9			11:13	-0.4			6:50	8:45	
28	Tue	2:43	3.6			11:53	-0.1			6:52	8:43	
29	Wed	4:14	3.1	7:55	2.5			12:31	0.4	6:54	8:40	
30	Thu	6:12	2.6	7:49	2.8	12:54	1.9	1:09	1.0	6:55	8:38	
31	Fri	8:22	2.4	8:01	3.1	2:16	1.2	1:45	1.6	6:57	8:36	