


























Adak Island, AK - Jul 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:10	5.0			10:41	-1.7			5:32	10:08	
2	Wed	1:55	5.1			11:34	-1.8			5:33	10:08	
3	Thu	2:47	5.0					12:27	-1.8	5:33	10:07	
4	Fri	3:47	4.6					1:18	-1.6	5:34	10:07	
5	Sat	4:54	4.1	11:12	3.5			2:06	-1.3	5:35	10:06	
6	Sun	6:12	3.5	11:11	3.4	2:42	3.2	2:50	-0.8	5:36	10:06	
7	Mon	7:44	2.8	11:20	3.4	4:24	2.6	3:31	-0.2	5:37	10:05	
8	Tue	9:30	2.2	11:32	3.5	5:37	1.8	4:06	0.4	5:38	10:04	
9	Wed	11:33	1.9	11:45	3.6	6:35	1.1	4:35	1.1	5:39	10:04	
10	Thu			2:04	1.9	7:25	0.5	4:48	1.8	5:40	10:03	
11	Fri					8:09	0.1			5:41	10:02	
12	Sat	12:05	3.8			8:51	-0.3			5:42	10:01	
13	Sun	12:11	3.9			9:31	-0.5			5:43	10:00	
14	Mon	12:17	4.1			10:11	-0.6			5:45	9:59	
15	Tue	12:27	4.2			10:50	-0.7			5:46	9:58	
16	Wed	12:46	4.3			11:29	-0.7			5:47	9:57	
17	Thu	1:12	4.3					12:08	-0.7	5:48	9:56	
18	Fri	1:40	4.2					12:43	-0.7	5:50	9:55	
19	Sat	2:06	4.0					1:17	-0.6	5:51	9:54	
20	Sun	2:19	3.7					1:48	-0.4	5:52	9:52	
21	Mon	12:14	3.3	11:19	3.1			2:16	-0.1	5:54	9:51	
22	Tue			10:45	3.1			2:40	0.3	5:55	9:50	
23	Wed	7:54	2.1	10:29	3.2	5:22	2.0	2:58	0.9	5:57	9:49	
24	Thu	10:42	1.8	10:28	3.5	5:45	1.3	3:00	1.5	5:58	9:47	
25	Fri			10:38	3.9	6:21	0.5			5:59	9:46	
26	Sat			10:59	4.3	7:03	-0.2			6:01	9:44	
27	Sun			11:31	4.7	7:49	-0.7			6:02	9:43	
28	Mon					8:39	-1.1			6:04	9:41	
29	Tue	12:12	4.9			9:31	-1.4			6:05	9:40	
30	Wed	1:01	5.0			10:23	-1.5			6:07	9:38	
31	Thu	1:55	4.8			11:16	-1.4			6:08	9:36	