














## Adak Island, AK - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:00	3.7			2:00	0.3			9:53	5:47	
2	Fri	10:42	3.7			2:18	0.7			9:53	5:48	
3	Sat	10:24	3.7	10:24	1.9	2:30	1.2	6:06	1.7	9:53	5:49	
4	Sun	10:18	4.0			2:12	1.8	6:24	1.0	9:53	5:50	
5	Mon	10:24	4.4					7:00	0.3	9:52	5:51	
6	Tue	10:36	4.8					7:36	-0.3	9:52	5:53	
7	Wed	11:06	5.2					8:24	-0.8	9:51	5:54	
8	Thu	11:42	5.4					9:12	-1.1	9:51	5:55	
9	Fri			12:24	5.5			10:00	-1.3	9:50	5:57	
10	Sat			1:18	5.4			10:54	-1.3	9:50	5:58	
11	Sun			2:18	5.0			11:42	-1.2	9:49	6:00	
12	Mon			3:30	4.5					9:48	6:01	
13	Tue	9:30	3.7	4:48	3.8	12:30	-0.8	12:54	3.5	9:47	6:03	
14	Wed	9:24	3.7	6:30	3.2	1:18	-0.3	2:42	2.8	9:47	6:04	
15	Thu	9:36	3.8	8:18	2.6	2:00	0.3	4:00	2.0	9:46	6:06	
16	Fri	9:54	4.0	10:24	2.3	2:36	1.0	5:00	1.3	9:45	6:07	
17	Sat	10:12	4.1			3:06	1.6	5:54	0.7	9:44	6:09	
18	Sun	12:48	2.4	10:30 AM	4.2	3:30	2.3	6:42	0.2	9:43	6:11	
19	Mon	10:48	4.3					7:30	-0.1	9:42	6:12	
20	Tue	11:06	4.4					8:12	-0.2	9:41	6:14	
21	Wed	11:18	4.5					8:54	-0.3	9:39	6:16	
22	Thu	11:30	4.5					9:36	-0.3	9:38	6:17	
23	Fri	11:48	4.5					10:12	-0.3	9:37	6:19	
24	Sat			12:12	4.5			10:54	-0.2	9:36	6:21	
25	Sun			12:36	4.3			11:24	-0.1	9:34	6:23	
26	Mon			1:00	4.1					9:33	6:24	
27	Tue			1:00	3.7	12:00	0.0			9:32	6:26	
28	Wed	10:24	3.4			12:30	0.2			9:30	6:28	
29	Thu	9:42	3.3			12:54	0.6			9:29	6:30	
30	Fri	9:12	3.3	7:12	2.3	1:18	1.0	4:06	2.1	9:27	6:32	
31	Sat	8:54	3.4	10:06	2.1	1:30	1.5	4:24	1.5	9:26	6:33	