

































Adak Island, AK - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:05	3.4					3:18	0.4	8:30	7:27	
2	Mon	7:25	3.8					4:05	-0.1	8:28	7:28	
3	Tue	7:58	4.1					4:54	-0.5	8:25	7:30	
4	Wed	8:42	4.4					5:46	-0.8	8:23	7:32	
5	Thu	9:35	4.5					6:37	-0.9	8:21	7:34	
6	Fri	10:33	4.5					7:29	-0.9	8:19	7:36	
7	Sat	11:36	4.3					8:19	-0.7	8:17	7:37	
8	Sun			1:44	4.0			10:07	-0.3	8:14	7:39	
9	Mon	6:24	2.8	3:01	3.5	9:19	2.6	10:54	0.1	8:12	7:41	
10	Tue	6:23	2.7	4:31	3.1	11:02	2.1	11:40	0.7	8:10	7:43	
11	Wed	6:34	2.8	6:14	2.7			12:29	1.6	8:07	7:44	
12	Thu	6:51	2.9	8:09	2.6	12:25	1.3	1:41	1.0	8:05	7:46	
13	Fri	7:12	3.1	10:05	2.7	1:12	1.8	2:41	0.5	8:03	7:48	
14	Sat	7:35	3.2	11:44	2.9	2:02	2.3	3:34	0.2	8:01	7:49	
15	Sun	8:01	3.4			2:55	2.7	4:22	-0.1	7:58	7:51	
16	Mon	1:04	3.1	8:29 AM	3.5	3:47	3.0	5:10	-0.2	7:56	7:53	
17	Tue	2:14	3.3	9:00 AM	3.5	4:33	3.2	5:57	-0.2	7:54	7:55	
18	Wed	9:36	3.6					6:43	-0.2	7:51	7:56	
19	Thu	10:15	3.6					7:28	-0.1	7:49	7:58	
20	Fri	10:57	3.5					8:11	0.0	7:47	8:00	
21	Sat	11:41	3.4					8:51	0.1	7:44	8:02	
22	Sun			12:28	3.2			9:27	0.4	7:42	8:03	
23	Mon			1:26	2.9			9:59	0.7	7:40	8:05	
24	Tue	6:00	2.4	2:44	2.6	9:48	2.2	10:27	1.1	7:38	8:07	
25	Wed	5:33	2.4	4:32	2.3	11:04	1.8	10:52	1.5	7:35	8:08	
26	Thu	5:21	2.5	6:51	2.2			12:08	1.3	7:33	8:10	
27	Fri	5:18	2.8					1:02	0.7	7:31	8:12	
28	Sat	5:24	3.1					1:53	0.2	7:28	8:14	
29	Sun	5:42	3.4					2:43	-0.3	7:26	8:15	
30	Mon	6:16	3.7					3:34	-0.7	7:24	8:17	
31	Tue	7:05	4.0					4:26	-0.9	7:21	8:19	