US HARBORS www.USHarbors.com

Adak Island, AK - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**7:05**	3.4					**3:18**	0.4	8:30	7:27	
2	Mon	**7:25**	3.8					**4:05**	-0.1	8:28	7:28	
3	Tue	**7:58**	4.1					**4:54**	-0.5	8:25	7:30	
4	Wed	**8:42**	4.4					**5:46**	-0.8	8:23	7:32	
5	Thu	**9:35**	4.5					**6:37**	-0.9	8:21	7:34	
6	Fri	**10:33**	4.5					**7:29**	-0.9	8:19	7:36	
7	Sat	**11:36**	4.3					**8:19**	-0.7	8:17	7:37	
8	Sun			**1:44**	4.0			**10:07**	-0.3	8:14	7:39	
9	Mon	**6:24**	2.8	**3:01**	3.5	**9:19**	2.6	**10:54**	0.1	8:12	7:41	
10	Tue	**6:23**	2.7	**4:31**	3.1	**11:02**	2.1	**11:40**	0.7	8:10	7:43	
11	Wed	**6:34**	2.8	**6:14**	2.7			**12:29**	1.6	8:07	7:44	
12	Thu	**6:51**	2.9	**8:09**	2.6	**12:25**	1.3	**1:41**	1.0	8:05	7:46	
13	Fri	**7:12**	3.1	**10:05**	2.7	**1:12**	1.8	**2:41**	0.5	8:03	7:48	
14	Sat	**7:35**	3.2	**11:44**	2.9	**2:02**	2.3	**3:34**	0.2	8:01	7:49	
15	Sun	**8:01**	3.4			**2:55**	2.7	**4:22**	-0.1	7:58	7:51	
16	Mon	**1:04**	3.1	**8:29 AM**	3.5	**3:47**	3.0	**5:10**	-0.2	7:56	7:53	
17	Tue	**2:14**	3.3	**9:00 AM**	3.5	**4:33**	3.2	**5:57**	-0.2	7:54	7:55	
18	Wed	**9:36**	3.6					**6:43**	-0.2	7:51	7:56	
19	Thu	**10:15**	3.6					**7:28**	-0.1	7:49	7:58	
20	Fri	**10:57**	3.5					**8:11**	0.0	7:47	8:00	
21	Sat	**11:41**	3.4					**8:51**	0.1	7:44	8:02	
22	Sun			**12:28**	3.2			**9:27**	0.4	7:42	8:03	
23	Mon			**1:26**	2.9			**9:59**	0.7	7:40	8:05	
24	Tue	**6:00**	2.4	**2:44**	2.6	**9:48**	2.2	**10:27**	1.1	7:38	8:07	
25	Wed	**5:33**	2.4	**4:32**	2.3	**11:04**	1.8	**10:52**	1.5	7:35	8:08	
26	Thu	**5:21**	2.5	**6:51**	2.2			**12:08**	1.3	7:33	8:10	
27	Fri	**5:18**	2.8					**1:02**	0.7	7:31	8:12	
28	Sat	**5:24**	3.1					**1:53**	0.2	7:28	8:14	
29	Sun	**5:42**	3.4					**2:43**	-0.3	7:26	8:15	
30	Mon	**6:16**	3.7					**3:34**	-0.7	7:24	8:17	
31	Tue	**7:05**	4.0					**4:26**	-0.9	7:21	8:19	