US HARBORS www.USHarbors.com

Adak Island, AK - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**12:20**	4.0			**8:34**	-0.3			5:32	10:08	
2	Thu	**12:37**	4.1			**9:21**	-0.6			5:32	10:08	
3	Fri	**12:52**	4.1			**10:06**	-0.8			5:33	10:08	
4	Sat	**1:01**	4.2			**10:49**	-0.9			5:34	10:07	
5	Sun	**1:07**	4.2			**11:31**	-0.9			5:35	10:07	
6	Mon	**1:15**	4.2					**12:11**	-0.8	5:36	10:06	
7	Tue	**1:30**	4.1					**12:48**	-0.7	5:37	10:05	
8	Wed	**1:48**	4.0					**1:22**	-0.6	5:38	10:05	
9	Thu	**1:51**	3.8					**1:54**	-0.5	5:39	10:04	
10	Fri	**12:38**	3.5					**2:23**	-0.3	5:40	10:03	
11	Sat	**12:02**	3.3	**11:40**	3.2			**2:48**	0.0	5:41	10:02	
12	Sun			**11:20**	3.1			**3:09**	0.5	5:42	10:01	
13	Mon			**11:06**	3.2			**3:20**	1.0	5:43	10:01	
14	Tue	**11:18**	1.6	**11:01**	3.4	**6:44**	1.3	**3:01**	1.5	5:44	10:00	
15	Wed			**11:03**	3.8	**7:05**	0.7			5:46	9:59	
16	Thu			**11:15**	4.2	**7:37**	0.1			5:47	9:57	
17	Fri			**11:39**	4.6	**8:15**	-0.4			5:48	9:56	
18	Sat					**8:59**	-0.9			5:49	9:55	
19	Sun	**12:16**	4.9			**9:46**	-1.3			5:51	9:54	
20	Mon	**1:02**	5.0			**10:36**	-1.5			5:52	9:53	
21	Tue	**1:56**	5.0			**11:27**	-1.5			5:53	9:52	
22	Wed	**2:57**	4.7					**12:18**	-1.4	5:55	9:50	
23	Thu	**4:08**	4.2	**10:11**	3.1			**1:06**	-1.1	5:56	9:49	
24	Fri	**5:33**	3.6	**9:51**	3.1	**12:40**	3.0	**1:52**	-0.6	5:58	9:47	
25	Sat	**7:11**	2.9	**9:58**	3.3	**2:44**	2.3	**2:35**	0.0	5:59	9:46	
26	Sun	**9:00**	2.4	**10:15**	3.5	**4:08**	1.6	**3:15**	0.7	6:01	9:45	
27	Mon	**10:58**	2.2	**10:37**	3.7	**5:14**	0.8	**3:52**	1.3	6:02	9:43	
28	Tue			**1:07**	2.2	**6:12**	0.2	**4:23**	2.0	6:03	9:42	
29	Wed			**11:26**	4.0	**7:05**	-0.2			6:05	9:40	
30	Thu			**11:50**	4.0	**7:56**	-0.5			6:06	9:38	
31	Fri					**8:45**	-0.6			6:08	9:37	