




Adak Island, AK - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:12	4.1			9:32	-0.6			6:10	9:35	
2	Sun	12:32	4.1			10:17	-0.6			6:11	9:33	
3	Mon	12:53	4.0			11:01	-0.5			6:13	9:32	
4	Tue	1:15	3.9			11:41	-0.4			6:14	9:30	
5	Wed	1:40	3.8					12:17	-0.3	6:16	9:28	
6	Thu	2:05	3.5					12:49	-0.1	6:17	9:26	
7	Fri	2:27	3.2	10:49	2.9			1:19	0.2	6:19	9:25	
8	Sat			10:08	2.8			1:45	0.5	6:20	9:23	
9	Sun	6:08	2.3	9:42	2.8	3:58	2.2	2:09	0.9	6:22	9:21	
10	Mon	8:37	2.0	9:31	3.0	4:20	1.7	2:25	1.4	6:24	9:19	
11	Tue	11:19	2.0	9:29	3.2	4:51	1.2	2:18	1.9	6:25	9:17	
12	Wed			9:37	3.6	5:27	0.6			6:27	9:15	
13	Thu			9:57	4.0	6:06	0.1			6:28	9:13	
14	Fri			10:29	4.3	6:50	-0.4			6:30	9:11	
15	Sat			11:12	4.6	7:37	-0.7			6:32	9:09	
16	Sun					8:26	-1.0			6:33	9:07	
17	Mon	12:04	4.7			9:17	-1.1			6:35	9:05	
18	Tue	1:02	4.6			10:08	-1.0			6:37	9:03	
19	Wed	2:06	4.3			10:58	-0.8			6:38	9:01	
20	Thu	3:21	3.9	7:58	2.6	11:47	-0.4	11:12	2.4	6:40	8:59	
21	Fri	4:49	3.4	7:53	2.7			12:35	0.1	6:41	8:57	
22	Sat	6:30	2.9	8:08	2.9	1:04	1.8	1:22	0.6	6:43	8:54	
23	Sun	8:20	2.6	8:30	3.2	2:28	1.2	2:07	1.3	6:45	8:52	
24	Mon	10:13	2.5	8:57	3.4	3:35	0.6	2:53	1.8	6:46	8:50	
25	Tue			12:00	2.7	4:33	0.1	3:38	2.3	6:48	8:48	
26	Wed			1:35	2.9	5:27	-0.2	4:22	2.7	6:50	8:46	
27	Thu			10:29	3.7	6:18	-0.4			6:51	8:44	
28	Fri			11:02	3.8	7:08	-0.4			6:53	8:41	
29	Sat			11:35	3.8	7:57	-0.4			6:54	8:39	
30	Sun					8:45	-0.3			6:56	8:37	
31	Mon	12:08	3.7			9:31	-0.2			6:58	8:35	