

















Adak Island, AK - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			1:15	3.6			10:33	0.2	8:42	6:17	
2	Mon			1:16	4.0			11:16	-0.3	8:44	6:16	
3	Tue			1:31	4.3					8:45	6:14	
4	Wed			2:01	4.5	12:01	-0.7			8:47	6:12	
5	Thu			2:46	4.5	12:48	-0.9			8:49	6:10	
6	Fri			3:54	4.4	1:37	-1.1			8:51	6:09	
7	Sat			12:48	4.1	2:25	-1.1	2:49	4.1	8:52	6:07	
8	Sun			12:32	3.9	3:13	-1.0	4:11	3.7	8:54	6:05	
9	Mon			12:31	3.7	3:59	-0.6	5:20	3.1	8:56	6:04	
10	Tue			12:35	3.6	4:42	-0.1	6:24	2.4	8:58	6:02	
11	Wed			12:43	3.6	5:21	0.5	7:24	1.6	9:00	6:01	
12	Thu	12:19	2.4	12:55	3.7	5:55	1.2	8:19	0.9	9:01	5:59	
13	Fri	2:39	2.3	1:08	3.9	6:17	2.0	9:11	0.2	9:03	5:58	
14	Sat			1:20	4.1			10:00	-0.2	9:05	5:56	
15	Sun			1:30	4.2			10:46	-0.6	9:07	5:55	
16	Mon			1:33	4.3			11:31	-0.7	9:08	5:54	
17	Tue			1:18	4.3					9:10	5:52	
18	Wed	11:58	4.4			12:14	-0.8			9:12	5:51	
19	Thu	11:28	4.4			12:57	-0.7			9:13	5:50	
20	Fri	11:41	4.3			1:37	-0.6			9:15	5:49	
21	Sat	11:58	4.2			2:17	-0.4			9:17	5:47	
22	Sun			12:13	4.0	2:54	-0.2			9:18	5:46	
23	Mon			12:23	3.8	3:27	0.0			9:20	5:45	
24	Tue			12:26	3.6	3:57	0.4			9:21	5:44	
25	Wed			12:23	3.6	4:19	0.8	7:58	2.1	9:23	5:43	
26	Thu			12:16	3.6	4:29	1.3	8:02	1.5	9:25	5:43	
27	Fri	1:01	1.9	12:10	3.7	3:53	1.8	8:24	1.0	9:26	5:42	
28	Sat			12:04	4.0			8:52	0.5	9:28	5:41	
29	Sun			12:04	4.3			9:26	-0.1	9:29	5:40	
30	Mon			12:13	4.7			10:05	-0.5	9:30	5:39	