US HARBORS www.USHarbors.com

Adak Island, AK - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			2:12	5.0			11:59	-1.1	9:53	5:46	
2	Sat			3:20	4.6					9:53	5:47	
3	Sun	10:06	3.8	4:46	3.9	12:45	-0.9	1:05	3.7	9:53	5:49	
4	Mon	9:45	3.8	6:31	3.3	1:29	-0.4	2:57	3.0	9:53	5:50	
5	Tue	9:50	3.9	8:26	2.7	2:11	0.2	4:13	2.1	9:52	5:51	
6	Wed	10:06	4.1	10:32	2.4	2:49	0.8	5:15	1.3	9:52	5:52	
7	Thu	10:27	4.3			3:22	1.5	6:10	0.6	9:51	5:54	
8	Fri	12:57	2.4	10:50 AM	4.5	3:45	2.2	7:02	0.0	9:51	5:55	
9	Sat	11:15	4.6					7:52	-0.3	9:50	5:56	
10	Sun	11:38	4.7					8:40	-0.5	9:50	5:58	
11	Mon	11:59	4.7					9:26	-0.5	9:49	5:59	
12	Tue			12:16	4.6			10:10	-0.5	9:48	6:01	
13	Wed			12:28	4.6			10:52	-0.4	9:48	6:02	
14	Thu			12:39	4.4			11:30	-0.3	9:47	6:04	
15	Fri			12:47	4.2					9:46	6:05	
16	Sat			12:29	3.9	12:05	-0.1			9:45	6:07	
17	Sun	10:47	3.7			12:36	0.1			9:44	6:08	
18	Mon	10:19	3.5			1:04	0.4			9:43	6:10	
19	Tue	10:01	3.5			1:29	0.7			9:42	6:12	
20	Wed	9:46	3.5	8:06	2.1	1:50	1.1	5:12	2.1	9:41	6:13	
21	Thu	9:39	3.6			2:00	1.6	5:24	1.5	9:40	6:15	
22	Fri	9:38	3.8					5:49	1.0	9:39	6:17	
23	Sat	9:43	4.1					6:21	0.5	9:37	6:19	
24	Sun	9:55	4.4					6:57	0.0	9:36	6:20	
25	Mon	10:18	4.8					7:38	-0.4	9:35	6:22	
26	Tue	10:53	5.0					8:22	-0.7	9:33	6:24	
27	Wed	11:37	5.2					9:08	-0.9	9:32	6:26	
28	Thu			12:29	5.1			9:56	-1.0	9:31	6:28	
29	Fri			1:28	4.9			10:44	-0.8	9:29	6:29	
30	Sat			2:38	4.4			11:30	-0.6	9:28	6:31	
31	Sun	8:29	3.3	4:04	3.8	10:52	3.2			9:26	6:33	