

































Adak Island, AK - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:54	2.9	5:06	3.0	11:25	1.8	11:40	1.0	8:30	7:26	
2	Tue	6:14	3.1	6:57	2.7			12:48	1.1	8:28	7:28	
3	Wed	6:42	3.4	8:52	2.7	12:27	1.6	1:58	0.5	8:26	7:30	
4	Thu	7:15	3.6	10:38	2.9	1:16	2.1	3:00	0.0	8:24	7:32	
5	Fri	7:51	3.8			2:07	2.6	3:57	-0.3	8:22	7:33	
6	Sat	12:07	3.1	8:31 AM	3.9	2:59	2.9	4:51	-0.4	8:19	7:35	
7	Sun	1:23	3.2	9:12 AM	3.9	3:51	3.1	5:44	-0.4	8:17	7:37	
8	Mon	2:32	3.3	9:54 AM	3.9	4:37	3.2	6:35	-0.3	8:15	7:39	
9	Tue	10:35	3.8					7:24	-0.2	8:13	7:40	
10	Wed	11:15	3.6					8:10	0.0	8:10	7:42	
11	Thu	11:55	3.4					8:53	0.2	8:08	7:44	
12	Fri			12:38	3.2			9:30	0.5	8:06	7:46	
13	Sat	6:20	2.6	1:32	2.9	8:34	2.6	10:04	0.8	8:03	7:47	
14	Sun	7:07	2.5	3:47	2.6	10:59	2.3	11:34	1.2	8:01	7:49	
15	Mon	6:47	2.4	5:30	2.3			12:14	1.9	7:59	7:51	
16	Tue	6:33	2.5	7:42	2.3	12:02	1.6	1:12	1.5	7:57	7:53	
17	Wed	6:29	2.7	10:37	2.4	12:28	2.0	2:00	1.1	7:54	7:54	
18	Thu	6:31	2.9			12:46	2.4	2:43	0.7	7:52	7:56	
19	Fri	6:38	3.2					3:25	0.3	7:50	7:58	
20	Sat	6:56	3.4					4:09	-0.1	7:47	7:59	
21	Sun	7:30	3.7					4:54	-0.4	7:45	8:01	
22	Mon	8:18	3.9					5:41	-0.6	7:43	8:03	
23	Tue	9:15	4.0					6:29	-0.7	7:40	8:05	
24	Wed	10:19	4.0					7:16	-0.7	7:38	8:06	
25	Thu	11:29	3.8					8:03	-0.5	7:36	8:08	
26	Fri	4:38	2.7	12:45	3.6	7:03	2.6	8:48	-0.1	7:33	8:10	
27	Sat	4:22	2.6	2:12	3.2	8:38	2.2	9:33	0.4	7:31	8:11	
28	Sun	4:27	2.7	3:50	2.8	10:02	1.6	10:17	1.0	7:29	8:13	
29	Mon	4:43	2.9	5:41	2.6	11:19	1.0	11:02	1.6	7:27	8:15	
30	Tue	5:07	3.1	7:41	2.6			12:28	0.4	7:24	8:16	
31	Wed	5:36	3.3	9:36	2.9			1:31	-0.2	7:22	8:18	