














Adak Island, AK - Jun 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:33	3.7					3:40	-0.6	5:32	9:56	
2	Wed	12:46	3.5					4:14	-0.3	5:31	9:57	
3	Thu	12:56	3.4					4:43	0.1	5:31	9:58	
4	Fri	1:00	3.2					5:05	0.6	5:30	9:59	
5	Sat	12:59	3.2	11:40 AM	1.6	8:30	1.5	5:14	1.1	5:29	10:00	
6	Sun	12:56	3.2			8:49	1.0			5:29	10:01	
7	Mon	12:54	3.4			9:14	0.5			5:28	10:02	
8	Tue	12:51	3.6			9:44	0.1			5:28	10:02	
9	Wed	12:52	3.9			10:17	-0.4			5:27	10:03	
10	Thu	1:00	4.2			10:54	-0.8			5:27	10:04	
11	Fri	1:21	4.4			11:34	-1.1			5:27	10:05	
12	Sat	1:53	4.6					12:17	-1.3	5:27	10:05	
13	Sun	2:35	4.6					1:02	-1.5	5:26	10:06	
14	Mon	3:25	4.4					1:47	-1.5	5:26	10:07	
15	Tue	4:28	4.0					2:31	-1.3	5:26	10:07	
16	Wed	12:17	3.6	11:50	3.4	3:19	3.4	3:14	-0.9	5:26	10:08	
17	Thu	7:42	2.9	11:46	3.5	4:55	2.7	3:53	-0.4	5:26	10:08	
18	Fri	9:42	2.3	11:55	3.6	6:02	1.9	4:29	0.3	5:26	10:08	
19	Sat	11:50	1.9			6:59	1.1	4:59	1.0	5:26	10:09	
20	Sun	12:10	3.8	2:21	1.8	7:52	0.3	5:16	1.7	5:26	10:09	
21	Mon	12:30	4.1			8:42	-0.3			5:27	10:09	
22	Tue	12:52	4.2			9:32	-0.8			5:27	10:09	
23	Wed	1:14	4.4			10:20	-1.1			5:27	10:09	
24	Thu	1:37	4.4			11:07	-1.2			5:28	10:10	
25	Fri	1:57	4.3			11:53	-1.2			5:28	10:10	
26	Sat	2:14	4.2					12:36	-1.1	5:28	10:09	
27	Sun	2:23	4.1					1:18	-0.9	5:29	10:09	
28	Mon	2:03	3.8					1:56	-0.7	5:30	10:09	
29	Tue	12:12	3.6					2:30	-0.5	5:30	10:09	
30	Wed	12:00	3.4	11:56	3.3			3:01	-0.2	5:31	10:09	