



Adak Island, AK - Jul 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:06	4.7			10:10	-1.2			5:32	10:08	
2	Mon	1:48	4.8			11:01	-1.4			5:33	10:08	
3	Tue	2:36	4.7			11:53	-1.4			5:33	10:07	
4	Wed	3:30	4.4					12:43	-1.3	5:34	10:07	
5	Thu	4:30	4.0	10:23	3.4			1:32	-1.1	5:35	10:06	
6	Fri	5:40	3.5	10:32	3.4	1:42	3.1	2:17	-0.7	5:36	10:06	
7	Sat	7:00	2.9	10:49	3.4	3:28	2.6	3:00	-0.2	5:37	10:05	
8	Sun	8:30	2.4	11:09	3.4	4:47	2.1	3:39	0.3	5:38	10:04	
9	Mon	10:13	2.1	11:28	3.5	5:49	1.5	4:13	0.9	5:39	10:04	
10	Tue			12:14	1.9	6:41	1.0	4:41	1.4	5:40	10:03	
11	Wed			2:42	2.0	7:28	0.6	4:49	1.9	5:41	10:02	
12	Thu	12:01	3.6			8:11	0.2			5:42	10:01	
13	Fri	12:15	3.7			8:52	0.0			5:44	10:00	
14	Sat	12:28	3.8			9:31	-0.2			5:45	9:59	
15	Sun	12:40	3.9			10:10	-0.3			5:46	9:58	
16	Mon	12:54	4.0			10:47	-0.4			5:47	9:57	
17	Tue	1:12	4.0			11:24	-0.5			5:48	9:56	
18	Wed	1:35	4.0					12:00	-0.5	5:50	9:55	
19	Thu	2:01	3.8					12:35	-0.5	5:51	9:54	
20	Fri	2:29	3.6					1:09	-0.3	5:52	9:52	
21	Sat	2:50	3.2	10:57	3.0			1:41	-0.1	5:54	9:51	
22	Sun			10:20	3.0			2:13	0.2	5:55	9:50	
23	Mon	7:25	2.3	10:09	3.2	4:24	2.2	2:42	0.7	5:57	9:48	
24	Tue	9:32	2.0	10:14	3.4	5:03	1.5	3:07	1.2	5:58	9:47	
25	Wed	11:40	1.9	10:31	3.7	5:46	0.9	3:25	1.7	5:59	9:46	
26	Thu			10:56	4.1	6:32	0.3			6:01	9:44	
27	Fri			11:29	4.4	7:20	-0.3			6:02	9:43	
28	Sat					8:09	-0.7			6:04	9:41	
29	Sun	12:08	4.6			9:00	-0.9			6:05	9:40	
30	Mon	12:54	4.6			9:52	-1.0			6:07	9:38	
31	Tue	1:43	4.5			10:43	-1.0			6:08	9:36	