


## Adak Island, AK - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:49	4.6			10:43	-1.1			5:31	10:09	
2	Sun	1:20	4.9			11:28	-1.4			5:32	10:08	
3	Mon	2:02	5.0					12:16	-1.7	5:33	10:08	
4	Tue	2:53	4.9					1:06	-1.8	5:34	10:07	
5	Wed	3:54	4.7					1:54	-1.7	5:35	10:07	
6	Thu	5:05	4.2	11:50	3.5			2:41	-1.4	5:36	10:06	
7	Fri	6:32	3.5	11:37	3.5	3:09	3.3	3:25	-0.9	5:36	10:06	
8	Sat	8:16	2.8	11:43	3.5	4:50	2.5	4:05	-0.3	5:37	10:05	
9	Sun	10:15	2.2	11:56	3.7	6:04	1.7	4:40	0.5	5:38	10:04	
10	Mon			12:35	1.9	7:05	0.8	5:08	1.3	5:39	10:03	
11	Tue	12:13	3.9			7:59	0.1			5:41	10:03	
12	Wed	12:32	4.1			8:50	-0.5			5:42	10:02	
13	Thu	12:50	4.2			9:37	-0.8			5:43	10:01	
14	Fri	1:06	4.3			10:23	-1.0			5:44	10:00	
15	Sat	1:18	4.3			11:08	-1.0			5:45	9:59	
16	Sun	1:23	4.3			11:51	-1.0			5:46	9:58	
17	Mon	1:25	4.2					12:32	-0.9	5:48	9:57	
18	Tue	1:32	4.1					1:11	-0.8	5:49	9:56	
19	Wed	1:34	3.9					1:47	-0.6	5:50	9:54	
20	Thu	1:05	3.7					2:19	-0.4	5:52	9:53	
21	Fri	12:33	3.4					2:48	-0.2	5:53	9:52	
22	Sat	12:13	3.2	11:52	3.1			3:14	0.2	5:54	9:51	
23	Sun			11:31	3.1			3:35	0.7	5:56	9:49	
24	Mon	10:03	1.8	11:17	3.2	7:01	1.6	3:44	1.2	5:57	9:48	
25	Tue			11:10	3.4	7:10	1.1			5:59	9:47	
26	Wed			11:10	3.8	7:34	0.5			6:00	9:45	
27	Thu			11:22	4.2	8:05	0.0			6:01	9:44	
28	Fri			11:47	4.5	8:42	-0.5			6:03	9:42	
29	Sat					9:25	-0.9			6:04	9:41	
30	Sun	12:24	4.8			10:12	-1.2			6:06	9:39	
31	Mon	1:11	5.0			11:02	-1.4			6:07	9:37	