





























Adak Island, AK - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:09	5.2			9:20	-1.0	9:53	5:47	
2	Wed			12:51	5.2			10:11	-1.1	9:53	5:48	
3	Thu			1:37	5.0			11:02	-1.0	9:53	5:49	
4	Fri			2:29	4.7			11:51	-0.9	9:52	5:50	
5	Sat			3:27	4.2					9:52	5:51	
6	Sun	9:28	3.9	4:35	3.7	12:37	-0.6	1:24	3.5	9:52	5:52	
7	Mon	9:38	3.8	5:59	3.1	1:21	-0.2	3:05	3.0	9:51	5:54	
8	Tue	9:53	3.9	7:38	2.6	2:01	0.3	4:14	2.4	9:51	5:55	
9	Wed	10:09	3.9	9:32	2.3	2:37	0.9	5:08	1.8	9:50	5:57	
10	Thu	10:25	3.9	11:51	2.2	3:07	1.4	5:54	1.3	9:50	5:58	
11	Fri	10:39	4.0			3:25	2.0	6:36	0.9	9:49	5:59	
12	Sat	10:52	4.1					7:15	0.5	9:48	6:01	
13	Sun	11:04	4.2					7:53	0.3	9:47	6:02	
14	Mon	11:16	4.3					8:31	0.1	9:47	6:04	
15	Tue	11:29	4.5					9:08	-0.1	9:46	6:05	
16	Wed	11:45	4.5					9:46	-0.2	9:45	6:07	
17	Thu			12:06	4.6			10:22	-0.2	9:44	6:09	
18	Fri			12:32	4.5			10:58	-0.3	9:43	6:10	
19	Sat			1:01	4.3			11:33	-0.2	9:42	6:12	
20	Sun			1:33	4.0					9:41	6:14	
21	Mon			2:04	3.6	12:07	0.0			9:40	6:15	
22	Tue	9:38	3.4			12:40	0.3			9:38	6:17	
23	Wed	9:06	3.4	6:54	2.5	1:11	0.7	3:28	2.4	9:37	6:19	
24	Thu	9:00	3.6	9:08	2.3	1:40	1.2	4:11	1.6	9:36	6:21	
25	Fri	9:10	3.9	11:35	2.3	2:04	1.7	4:56	0.9	9:35	6:22	
26	Sat	9:30	4.3			2:15	2.2	5:43	0.3	9:33	6:24	
27	Sun	9:58	4.6					6:32	-0.2	9:32	6:26	
28	Mon	10:34	4.9					7:22	-0.6	9:30	6:28	
29	Tue	11:15	5.0					8:12	-0.8	9:29	6:30	
30	Wed			12:00	5.0			9:03	-0.8	9:27	6:31	
31	Thu			12:49	4.8			9:53	-0.7	9:26	6:33	