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# Adak Island, AK - May 2030

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | **3:21** | 3.1 | | | | | **12:06** | 0.0 | 6:15 | 9:11 | |
| 2 | Thu | **3:07** | 3.2 | | | | | **12:42** | -0.2 | 6:13 | 9:13 | |
| 3 | Fri | **2:19** | 3.4 | | | | | **1:18** | -0.3 | 6:12 | 9:14 | |
| 4 | Sat | **1:12** | 3.5 | | | | | **1:55** | -0.4 | 6:10 | 9:16 | |
| 5 | Sun | **12:58** | 3.6 | | | | | **2:32** | -0.5 | 6:08 | 9:17 | |
| 6 | Mon | **1:12** | 3.6 | | | | | **3:10** | -0.5 | 6:06 | 9:19 | |
| 7 | Tue | **1:31** | 3.6 | | | | | **3:48** | -0.5 | 6:04 | 9:21 | |
| 8 | Wed | **1:49** | 3.5 | | | | | **4:24** | -0.4 | 6:03 | 9:22 | |
| 9 | Thu | **2:01** | 3.3 | | | | | **4:59** | -0.2 | 6:01 | 9:24 | |
| 10 | Fri | **2:00** | 3.1 | | | | | **5:30** | 0.1 | 5:59 | 9:26 | |
| 11 | Sat | **1:46** | 3.0 | **10:05 AM** | 2.2 | **7:58** | 2.2 | **5:58** | 0.5 | 5:58 | 9:27 | |
| 12 | Sun | **1:34** | 3.0 | **12:20** | 1.9 | **8:18** | 1.7 | **6:20** | 1.0 | 5:56 | 9:29 | |
| 13 | Mon | **1:31** | 3.1 | **2:33** | 1.8 | **8:52** | 1.0 | **6:32** | 1.5 | 5:55 | 9:30 | |
| 14 | Tue | **1:37** | 3.4 | | | **9:35** | 0.3 | | | 5:53 | 9:32 | |
| 15 | Wed | **1:52** | 3.7 | | | **10:22** | -0.3 | | | 5:51 | 9:33 | |
| 16 | Thu | **2:18** | 4.1 | | | **11:12** | -0.9 | | | 5:50 | 9:35 | |
| 17 | Fri | **2:53** | 4.3 | | | | | **12:05** | -1.3 | 5:49 | 9:36 | |
| 18 | Sat | **3:38** | 4.4 | | | | | **1:00** | -1.6 | 5:47 | 9:38 | |
| 19 | Sun | **4:32** | 4.3 | | | | | **1:54** | -1.6 | 5:46 | 9:39 | |
| 20 | Mon | **5:36** | 4.1 | **11:49** | 3.7 | | | **2:46** | -1.5 | 5:45 | 9:41 | |
| 21 | Tue | **6:47** | 3.7 | | | **3:04** | 3.4 | **3:37** | -1.3 | 5:43 | 9:42 | |
| 22 | Wed | **12:06** | 3.6 | **8:06 AM** | 3.2 | **4:38** | 3.0 | **4:25** | -0.8 | 5:42 | 9:44 | |
| 23 | Thu | **12:29** | 3.6 | **9:31 AM** | 2.7 | **5:57** | 2.4 | **5:10** | -0.3 | 5:41 | 9:45 | |
| 24 | Fri | **12:53** | 3.5 | **11:07 AM** | 2.3 | **7:06** | 1.8 | **5:51** | 0.3 | 5:40 | 9:46 | |
| 25 | Sat | **1:16** | 3.5 | **12:58** | 1.9 | **8:06** | 1.2 | **6:26** | 0.9 | 5:39 | 9:48 | |
| 26 | Sun | **1:36** | 3.5 | **3:14** | 1.9 | **8:59** | 0.7 | **6:50** | 1.6 | 5:37 | 9:49 | |
| 27 | Mon | **1:51** | 3.5 | | | **9:46** | 0.3 | | | 5:36 | 9:50 | |
| 28 | Tue | **2:00** | 3.5 | | | **10:27** | -0.1 | | | 5:35 | 9:51 | |
| 29 | Wed | **2:02** | 3.5 | | | **11:05** | -0.3 | | | 5:35 | 9:53 | |
| 30 | Thu | **1:53** | 3.6 | | | **11:41** | -0.5 | | | 5:34 | 9:54 | |

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 31 | Fri | **1:35** | 3.8 | | | | | **12:15** | -0.6 | 5:33 | 9:55 | |