


## Adak Island, AK - Jul 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:22	4.3			9:25	-0.6			5:31	10:09	
2	Wed	12:53	4.6			10:09	-1.0			5:32	10:08	
3	Thu	1:34	4.7			10:57	-1.2			5:33	10:08	
4	Fri	2:23	4.7			11:47	-1.4			5:34	10:07	
5	Sat	3:20	4.5					12:37	-1.4	5:35	10:07	
6	Sun	4:27	4.1	10:15	3.3			1:26	-1.2	5:36	10:06	
7	Mon	5:45	3.6	10:16	3.3	1:15	3.1	2:13	-0.8	5:37	10:06	
8	Tue	7:14	3.0	10:33	3.5	3:05	2.5	2:59	-0.3	5:38	10:05	
9	Wed	8:52	2.5	10:57	3.6	4:29	1.9	3:41	0.2	5:39	10:04	
10	Thu	10:40	2.2	11:23	3.8	5:38	1.2	4:21	0.9	5:40	10:03	
11	Fri			12:41	2.0	6:39	0.6	4:56	1.5	5:41	10:03	
12	Sat			2:55	2.1	7:34	0.1	5:21	2.0	5:42	10:02	
13	Sun	12:17	3.9			8:25	-0.2			5:43	10:01	
14	Mon	12:42	4.0			9:14	-0.4			5:44	10:00	
15	Tue	1:03	4.0			9:59	-0.5			5:45	9:59	
16	Wed	1:20	3.9			10:42	-0.5			5:47	9:58	
17	Thu	1:32	3.9			11:22	-0.5			5:48	9:57	
18	Fri	1:41	3.8			11:59	-0.4			5:49	9:56	
19	Sat	1:49	3.7					12:33	-0.3	5:50	9:54	
20	Sun	1:52	3.5					1:06	-0.2	5:52	9:53	
21	Mon	12:19	3.3	11:27	3.1			1:36	0.0	5:53	9:52	
22	Tue			11:04	3.0			2:05	0.2	5:54	9:51	
23	Wed			10:42	3.0			2:32	0.5	5:56	9:49	
24	Thu	7:48	2.1	10:30	3.1	5:36	2.0	2:55	0.9	5:57	9:48	
25	Fri	9:57	1.9	10:28	3.3	5:47	1.6	3:10	1.3	5:59	9:47	
26	Sat			12:16	1.8	6:14	1.0	3:03	1.7	6:00	9:45	
27	Sun			10:51	3.9	6:47	0.5			6:02	9:44	
28	Mon			11:17	4.2	7:25	0.0			6:03	9:42	
29	Tue			11:52	4.5	8:08	-0.4			6:05	9:41	
30	Wed					8:54	-0.7			6:06	9:39	
31	Thu	12:36	4.6			9:42	-0.9			6:08	9:37	