










## Adak Island, AK - Aug 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:28	4.6			10:32	-1.0			6:09	9:36	
2	Sat	2:26	4.4			11:22	-0.9			6:11	9:34	
3	Sun	3:34	4.1	8:37	2.8			12:12	-0.7	6:12	9:32	
4	Mon	4:52	3.6	8:40	2.9			1:01	-0.3	6:14	9:31	
5	Tue	6:21	3.1	9:00	3.1	1:19	2.2	1:49	0.1	6:15	9:29	
6	Wed	7:58	2.7	9:26	3.3	2:47	1.7	2:35	0.6	6:17	9:27	
7	Thu	9:41	2.4	9:56	3.5	3:59	1.1	3:19	1.2	6:18	9:25	
8	Fri	11:29	2.3	10:27	3.6	5:02	0.6	4:02	1.7	6:20	9:23	
9	Sat			1:15	2.4	5:59	0.2	4:42	2.1	6:22	9:21	
10	Sun			2:58	2.6	6:52	-0.1	5:15	2.5	6:23	9:20	
11	Mon					7:43	-0.2			6:25	9:18	
12	Tue	12:01	3.8			8:31	-0.3			6:26	9:16	
13	Wed	12:29	3.8			9:18	-0.2			6:28	9:14	
14	Thu	12:55	3.7			10:01	-0.2			6:30	9:12	
15	Fri	1:21	3.6			10:42	-0.1			6:31	9:10	
16	Sat	1:48	3.5			11:20	0.1			6:33	9:08	
17	Sun	2:21	3.3			11:54	0.2			6:34	9:06	
18	Mon	3:07	3.0	9:54	2.7			12:27	0.5	6:36	9:04	
19	Tue	4:26	2.7	9:14	2.6	12:52	2.6	12:59	0.7	6:38	9:02	
20	Wed	6:10	2.4	8:49	2.6	2:18	2.2	1:29	1.1	6:39	8:59	
21	Thu	7:57	2.2	8:42	2.8	3:07	1.8	1:58	1.4	6:41	8:57	
22	Fri	9:46	2.2	8:48	3.0	3:48	1.3	2:22	1.8	6:43	8:55	
23	Sat	11:46	2.3	9:03	3.3	4:29	0.9	2:37	2.2	6:44	8:53	
24	Sun			9:26	3.6	5:10	0.4			6:46	8:51	
25	Mon			10:00	3.9	5:54	0.0			6:47	8:49	
26	Tue			10:43	4.1	6:41	-0.3			6:49	8:47	
27	Wed			11:33	4.2	7:29	-0.5			6:51	8:44	
28	Thu					8:19	-0.6			6:52	8:42	
29	Fri	12:30	4.2			9:09	-0.6			6:54	8:40	
30	Sat	1:34	4.0	6:07	2.6	9:59	-0.4	8:38	2.5	6:55	8:38	
31	Sun	2:45	3.7	6:16	2.6	10:50	-0.1	10:21	2.1	6:57	8:35	