






















Adak Island, AK - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			11:46	3.4			3:30	0.0	5:32	10:08	
2	Sat	8:37	2.2	11:57	3.3	6:22	2.1	4:01	0.4	5:33	10:08	
3	Sun	10:16	1.9			7:00	1.7	4:28	0.9	5:33	10:08	
4	Mon	12:05	3.3	12:08	1.7	7:35	1.3	4:46	1.3	5:34	10:07	
5	Tue	12:12	3.4			8:10	0.9			5:35	10:06	
6	Wed	12:20	3.5			8:43	0.5			5:36	10:06	
7	Thu	12:30	3.6			9:17	0.2			5:37	10:05	
8	Fri	12:40	3.8			9:51	-0.1			5:38	10:05	
9	Sat	12:55	4.0			10:27	-0.3			5:39	10:04	
10	Sun	1:15	4.1			11:03	-0.5			5:40	10:03	
11	Mon	1:44	4.1			11:41	-0.6			5:41	10:02	
12	Tue	2:22	4.1					12:21	-0.7	5:42	10:01	
13	Wed	3:10	3.9					1:01	-0.7	5:44	10:00	
14	Thu	4:11	3.6	10:48	3.2			1:41	-0.6	5:45	9:59	
15	Fri	5:34	3.2	10:29	3.2	2:03	3.0	2:21	-0.3	5:46	9:58	
16	Sat	7:14	2.7	10:34	3.3	3:36	2.5	3:00	0.1	5:47	9:57	
17	Sun	9:01	2.3	10:51	3.6	4:44	1.8	3:38	0.6	5:48	9:56	
18	Mon	10:53	2.1	11:15	3.8	5:44	1.1	4:13	1.1	5:50	9:55	
19	Tue			12:55	2.0	6:39	0.5	4:45	1.6	5:51	9:54	
20	Wed					7:33	0.0			5:52	9:53	
21	Thu	12:16	4.2			8:26	-0.4			5:54	9:51	
22	Fri	12:51	4.3			9:18	-0.7			5:55	9:50	
23	Sat	1:28	4.3			10:09	-0.8			5:57	9:49	
24	Sun	2:07	4.2			10:58	-0.8			5:58	9:47	
25	Mon	2:46	4.0			11:46	-0.7			5:59	9:46	
26	Tue	3:26	3.7					12:30	-0.5	6:01	9:44	
27	Wed	4:10	3.4	10:20	3.1			1:12	-0.3	6:02	9:43	
28	Thu	5:05	3.0	10:29	3.1	2:14	2.9	1:50	0.0	6:04	9:41	
29	Fri	6:16	2.7	10:36	3.0	3:37	2.6	2:25	0.3	6:05	9:40	
30	Sat	7:40	2.4	10:40	3.0	4:30	2.2	2:58	0.7	6:07	9:38	
31	Sun	9:11	2.1	10:45	3.1	5:12	1.8	3:27	1.1	6:08	9:36	