





























Adak Island, AK - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:04	3.2			2:07	2.5	4:23	0.5	8:30	7:26	
2	Mon	8:12	3.5					5:02	0.2	8:28	7:28	
3	Tue	8:27	3.7					5:43	0.0	8:26	7:30	
4	Wed	8:51	3.9					6:26	-0.2	8:24	7:31	
5	Thu	9:24	4.1					7:09	-0.3	8:21	7:33	
6	Fri	10:04	4.2					7:52	-0.4	8:19	7:35	
7	Sat	10:49	4.2					8:34	-0.4	8:17	7:37	
8	Sun			12:39	4.1			10:15	-0.3	8:15	7:39	
9	Mon			1:38	3.8			10:54	-0.1	8:13	7:40	
10	Tue			2:53	3.4			11:32	0.3	8:10	7:42	
11	Wed	7:24	2.5	4:35	3.0	11:10	2.3			8:08	7:44	
12	Thu	7:03	2.7	6:39	2.6	12:10	0.8	12:52	1.6	8:06	7:46	
13	Fri	7:08	3.0	8:58	2.5	12:47	1.5	2:07	0.8	8:03	7:47	
14	Sat	7:26	3.3	11:26	2.8	1:24	2.1	3:10	0.1	8:01	7:49	
15	Sun	7:54	3.7			2:01	2.7	4:09	-0.5	7:59	7:51	
16	Mon	8:31	4.0					5:05	-0.9	7:57	7:53	
17	Tue	9:17	4.2					6:02	-1.1	7:54	7:54	
18	Wed	10:09	4.3					6:57	-1.1	7:52	7:56	
19	Thu	11:06	4.2					7:52	-0.9	7:50	7:58	
20	Fri			12:05	4.0			8:45	-0.6	7:47	7:59	
21	Sat	5:51	3.2	1:04	3.7	7:55	3.1	9:35	-0.3	7:45	8:01	
22	Sun	6:17	3.0	2:07	3.3	9:14	2.8	10:22	0.1	7:43	8:03	
23	Mon	6:37	2.8	3:17	2.9	10:37	2.5	11:04	0.6	7:40	8:05	
24	Tue	6:47	2.6	4:45	2.5	11:55	2.0	11:43	1.1	7:38	8:06	
25	Wed	6:46	2.5	6:36	2.3			12:58	1.6	7:36	8:08	
26	Thu	6:37	2.5	8:50	2.3	12:20	1.6	1:46	1.1	7:33	8:10	
27	Fri	6:29	2.6	10:56	2.6	12:57	2.1	2:25	0.7	7:31	8:11	
28	Sat	6:22	2.8			1:38	2.5	3:03	0.4	7:29	8:13	
29	Sun	6:17	3.1					3:40	0.1	7:27	8:15	
30	Mon	6:18	3.3					4:20	-0.1	7:24	8:16	
31	Tue	6:38	3.5					5:02	-0.2	7:22	8:18	