































Adak Island, AK - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:00	3.7			7:57	0.4			5:32	10:08	
2	Thu	12:08	4.1			8:39	-0.4			5:32	10:08	
3	Fri	12:26	4.5			9:25	-1.0			5:33	10:08	
4	Sat	12:54	4.9			10:15	-1.5			5:34	10:07	
5	Sun	1:31	5.0			11:06	-1.7			5:35	10:07	
6	Mon	2:15	5.0			11:59	-1.8			5:36	10:06	
7	Tue	3:05	4.8					12:51	-1.7	5:37	10:06	
8	Wed	4:02	4.4					1:41	-1.5	5:38	10:05	
9	Thu	5:05	3.9	11:34	3.5			2:28	-1.1	5:39	10:04	
10	Fri	6:20	3.3	11:36	3.4	3:40	3.2	3:10	-0.7	5:40	10:03	
11	Sat	7:51	2.7	11:44	3.4	5:09	2.5	3:47	-0.1	5:41	10:03	
12	Sun	9:38	2.1	11:52	3.4	6:11	1.9	4:19	0.5	5:42	10:02	
13	Mon	11:47	1.8	11:58	3.4	7:01	1.2	4:42	1.2	5:43	10:01	
14	Tue			2:37	1.9	7:43	0.7	4:39	1.8	5:44	10:00	
15	Wed	12:01	3.5			8:22	0.2			5:45	9:59	
16	Thu	12:03	3.7			8:59	-0.1			5:47	9:58	
17	Fri	12:04	3.9			9:36	-0.4			5:48	9:57	
18	Sat	12:09	4.1			10:14	-0.6			5:49	9:56	
19	Sun	12:22	4.3			10:52	-0.7			5:51	9:54	
20	Mon	12:45	4.4			11:32	-0.8			5:52	9:53	
21	Tue	1:15	4.4					12:11	-0.8	5:53	9:52	
22	Wed	1:48	4.3					12:49	-0.9	5:55	9:51	
23	Thu	2:21	4.1					1:24	-0.8	5:56	9:49	
24	Fri	2:51	3.8					1:57	-0.6	5:57	9:48	
25	Sat	12:19	3.3	11:15	3.1			2:27	-0.2	5:59	9:46	
26	Sun			10:45	3.1			2:54	0.3	6:00	9:45	
27	Mon	8:45	2.0	10:36	3.3	5:14	1.8	3:15	0.9	6:02	9:43	
28	Tue	11:27	1.8	10:40	3.7	5:53	1.0	3:20	1.6	6:03	9:42	
29	Wed			10:55	4.1	6:37	0.2			6:05	9:40	
30	Thu			11:20	4.5	7:23	-0.4			6:06	9:39	
31	Fri			11:54	4.8	8:12	-1.0			6:08	9:37	