


































Adak Island, AK - Mar 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:24	4.2			8:44	-0.4	8:29	7:27	
2	Sun			1:25	3.9			9:35	-0.2	8:27	7:29	
3	Mon	5:43	2.9	2:33	3.6	8:57	2.7	10:25	0.1	8:25	7:31	
4	Tue	6:07	2.9	3:49	3.3	10:28	2.4	11:15	0.5	8:22	7:33	
5	Wed	6:32	2.9	5:12	2.9	11:52	2.0			8:20	7:34	
6	Thu	6:58	3.0	6:43	2.7	12:04	0.9	1:05	1.6	8:18	7:36	
7	Fri	7:25	3.0	8:16	2.6	12:53	1.3	2:07	1.2	8:16	7:38	
8	Sat	7:52	3.1	9:48	2.6	1:41	1.7	3:02	0.9	8:13	7:40	
9	Sun	9:19	3.2			3:28	2.0	4:51	0.6	8:11	7:41	
10	Mon	12:13	2.7	9:46 AM	3.2	4:13	2.3	5:37	0.4	8:09	7:43	
11	Tue	1:30	2.8	10:14 AM	3.3	4:55	2.6	6:22	0.3	8:07	7:45	
12	Wed	2:41	2.9	10:43 AM	3.3	5:32	2.8	7:06	0.2	8:04	7:47	
13	Thu	3:48	2.9	11:13 AM	3.4	6:03	2.9	7:48	0.2	8:02	7:48	
14	Fri	11:46	3.4					8:29	0.3	8:00	7:50	
15	Sat			12:21	3.3			9:09	0.3	7:58	7:52	
16	Sun			1:02	3.2			9:47	0.5	7:55	7:53	
17	Mon			1:51	3.1			10:24	0.6	7:53	7:55	
18	Tue	6:44	2.5	2:53	2.9	9:44	2.4	11:00	0.9	7:51	7:57	
19	Wed	6:32	2.5	4:14	2.7	11:00	2.2	11:37	1.1	7:48	7:59	
20	Thu	6:31	2.5	5:49	2.5			12:11	1.8	7:46	8:00	
21	Fri	6:41	2.7	7:33	2.4	12:16	1.5	1:14	1.3	7:44	8:02	
22	Sat	6:59	2.9	9:21	2.5	12:56	1.8	2:11	0.9	7:41	8:04	
23	Sun	7:24	3.1	11:03	2.7	1:39	2.2	3:05	0.4	7:39	8:06	
24	Mon	7:58	3.3			2:26	2.5	3:58	0.0	7:37	8:07	
25	Tue	12:26	2.9	8:40 AM	3.6	3:16	2.7	4:51	-0.3	7:34	8:09	
26	Wed	1:29	3.0	9:28 AM	3.7	4:12	2.9	5:43	-0.5	7:32	8:11	
27	Thu	2:19	3.1	10:24 AM	3.7	5:11	2.9	6:36	-0.5	7:30	8:12	
28	Fri	2:59	3.1	11:24 AM	3.7	6:14	2.8	7:28	-0.4	7:28	8:14	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
29	Sat	3:34	3.0	12:29	3.5	7:19	2.6	8:19	-0.2	7:25	8:16	
30	Sun	4:05	2.9	1:38	3.2	8:26	2.3	9:09	0.1	7:23	8:17	
31	Mon	4:34	2.9	2:54	3.0	9:35	2.0	9:58	0.5	7:21	8:19	