





Adak Island, AK - Jan 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:26	4.3			4:09	1.0	6:42	1.2	9:53	5:47	
2	Fri	12:10	2.3	11:51 AM	4.3	4:45	1.6	7:35	0.7	9:53	5:48	
3	Sat	2:20	2.4	12:15	4.3	5:12	2.2	8:25	0.3	9:53	5:49	
4	Sun			12:35	4.3			9:11	0.0	9:52	5:50	
5	Mon			12:50	4.3			9:53	-0.1	9:52	5:51	
6	Tue			12:58	4.3			10:34	-0.2	9:52	5:53	
7	Wed			12:57	4.3			11:11	-0.2	9:51	5:54	
8	Thu			12:49	4.2			11:47	-0.1	9:51	5:55	
9	Fri			12:40	4.1					9:50	5:57	
10	Sat	11:35	4.0			12:21	0.0			9:49	5:58	
11	Sun	11:00	3.9			12:53	0.1			9:49	6:00	
12	Mon	10:54	3.8			1:25	0.2			9:48	6:01	
13	Tue	10:51	3.7			1:55	0.4			9:47	6:03	
14	Wed	10:46	3.6			2:22	0.7			9:46	6:04	
15	Thu	10:43	3.7	8:52	2.2	2:46	1.1	6:11	2.1	9:45	6:06	
16	Fri	10:44	3.7	11:17	2.0	3:00	1.5	6:22	1.6	9:45	6:07	
17	Sat	10:49	3.9			2:53	1.9	6:48	1.1	9:44	6:09	
18	Sun	10:59	4.2					7:21	0.6	9:43	6:11	
19	Mon	11:17	4.5					7:59	0.1	9:42	6:12	
20	Tue	11:45	4.7					8:42	-0.3	9:40	6:14	
21	Wed			12:22	4.9			9:29	-0.7	9:39	6:16	
22	Thu			1:08	4.9			10:18	-0.8	9:38	6:17	
23	Fri			2:04	4.8			11:08	-0.8	9:37	6:19	
24	Sat			3:09	4.5			11:59	-0.7	9:36	6:21	
25	Sun	9:01	3.6	4:26	4.0	11:39	3.5			9:34	6:23	
26	Mon	8:59	3.6	5:53	3.5	12:48	-0.4	1:35	3.0	9:33	6:24	
27	Tue	9:16	3.7	7:27	3.0	1:36	0.0	3:00	2.4	9:31	6:26	
28	Wed	9:40	3.9	9:08	2.7	2:22	0.5	4:11	1.7	9:30	6:28	
29	Thu	10:08	4.0	10:55	2.5	3:05	1.1	5:13	1.1	9:29	6:30	
30	Fri	10:37	4.1			3:47	1.6	6:09	0.6	9:27	6:32	
31	Sat	12:48	2.5	11:05 AM	4.1	4:25	2.2	7:01	0.3	9:25	6:33	