




Adak Island, AK - Jul 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:52	3.7			9:24	0.2			5:32	10:08	
2	Thu	1:04	3.9			9:59	-0.2			5:33	10:08	
3	Fri	1:25	4.2			10:39	-0.6			5:33	10:08	
4	Sat	1:56	4.4			11:23	-0.9			5:34	10:07	
5	Sun	2:37	4.4					12:10	-1.2	5:35	10:07	
6	Mon	3:29	4.3					12:58	-1.2	5:36	10:06	
7	Tue	4:33	4.1	11:13	3.4			1:46	-1.2	5:37	10:05	
8	Wed	5:50	3.7	11:01	3.4	1:44	3.3	2:33	-0.9	5:38	10:05	
9	Thu	7:19	3.2	11:12	3.5	3:34	2.8	3:19	-0.6	5:39	10:04	
10	Fri	8:54	2.7	11:31	3.6	4:54	2.2	4:03	-0.1	5:40	10:03	
11	Sat	10:36	2.3	11:56	3.8	6:01	1.5	4:44	0.5	5:41	10:02	
12	Sun			12:28	2.0	7:02	0.9	5:23	1.2	5:42	10:01	
13	Mon	12:22	3.9	2:30	2.0	7:58	0.3	5:55	1.7	5:44	10:00	
14	Tue	12:49	4.0			8:51	-0.1			5:45	9:59	
15	Wed	1:16	4.0			9:41	-0.4			5:46	9:58	
16	Thu	1:39	4.0			10:28	-0.6			5:47	9:57	
17	Fri	1:59	3.9			11:13	-0.6			5:48	9:56	
18	Sat	2:12	3.8			11:55	-0.6			5:50	9:55	
19	Sun	2:19	3.8					12:35	-0.5	5:51	9:54	
20	Mon	2:18	3.6					1:11	-0.4	5:52	9:53	
21	Tue	1:33	3.5	11:40	3.3			1:46	-0.2	5:54	9:51	
22	Wed			11:33	3.2			2:18	-0.1	5:55	9:50	
23	Thu			11:30	3.2			2:48	0.2	5:57	9:49	
24	Fri			11:26	3.1			3:17	0.5	5:58	9:47	
25	Sat			11:25	3.1			3:41	0.8	5:59	9:46	
26	Sun	10:02	1.9	11:28	3.2	6:29	1.7	3:59	1.2	6:01	9:44	
27	Mon			12:09	1.8	6:55	1.3	3:59	1.6	6:02	9:43	
28	Tue			11:43	3.6	7:26	0.8			6:04	9:41	
29	Wed			11:58	3.9	8:00	0.4			6:05	9:40	
30	Thu					8:38	-0.1			6:07	9:38	
31	Fri	12:23	4.1			9:20	-0.4			6:08	9:37	