

































Adak Island, AK - Jul 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:32	3.3	11:57	3.6	4:16	3.2	3:32	-0.7	5:32	10:08	
2	Sun	7:48	2.8			5:38	2.7	4:12	-0.3	5:33	10:08	
3	Mon	12:18	3.5	9:17 AM	2.3	6:40	2.2	4:48	0.2	5:34	10:07	
4	Tue	12:35	3.5	11:02 AM	1.9	7:29	1.7	5:18	0.8	5:35	10:07	
5	Wed	12:49	3.4	1:12	1.7	8:12	1.2	5:37	1.4	5:36	10:06	
6	Thu	12:59	3.4			8:50	0.7			5:37	10:06	
7	Fri	1:05	3.5			9:24	0.4			5:38	10:05	
8	Sat	1:09	3.6			9:58	0.1			5:39	10:04	
9	Sun	1:10	3.7			10:32	-0.2			5:40	10:03	
10	Mon	1:12	3.9			11:07	-0.4			5:41	10:03	
11	Tue	1:19	4.0			11:43	-0.6			5:42	10:02	
12	Wed	1:35	4.1					12:20	-0.7	5:43	10:01	
13	Thu	1:58	4.1					12:58	-0.8	5:44	10:00	
14	Fri	2:24	4.0					1:35	-0.8	5:45	9:59	
15	Sat	2:40	3.8					2:13	-0.7	5:47	9:58	
16	Sun	12:36	3.5	11:57	3.3			2:49	-0.5	5:48	9:57	
17	Mon			11:35	3.3			3:23	-0.1	5:49	9:56	
18	Tue	8:26	2.4	11:30	3.4	5:42	2.3	3:56	0.4	5:50	9:55	
19	Wed	10:36	2.0	11:38	3.6	6:22	1.6	4:25	0.9	5:52	9:53	
20	Thu			12:49	1.9	7:06	0.8	4:46	1.5	5:53	9:52	
21	Fri					7:53	0.1			5:54	9:51	
22	Sat	12:18	4.2			8:42	-0.4			5:56	9:49	
23	Sun	12:48	4.4			9:32	-0.8			5:57	9:48	
24	Mon	1:23	4.5			10:23	-1.1			5:59	9:47	
25	Tue	2:02	4.5			11:15	-1.2			6:00	9:45	
26	Wed	2:46	4.4					12:05	-1.1	6:02	9:44	
27	Thu	3:35	4.1					12:55	-1.0	6:03	9:42	
28	Fri	4:30	3.7	10:40	3.3			1:42	-0.7	6:05	9:41	
29	Sat	5:33	3.3	10:50	3.3	2:08	3.1	2:25	-0.4	6:06	9:39	
30	Sun	6:48	2.9	11:04	3.2	3:43	2.7	3:06	0.0	6:08	9:37	
31	Mon	8:15	2.4	11:17	3.2	4:51	2.2	3:42	0.4	6:09	9:36	