




























Adak Island, AK - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:47	4.6					8:22	-0.1	9:53	5:47	
2	Tue			12:11	4.9			9:09	-0.6	9:53	5:48	
3	Wed			12:43	5.1			9:59	-1.0	9:53	5:49	
4	Thu			1:22	5.2			10:50	-1.2	9:52	5:50	
5	Fri			2:07	5.1			11:42	-1.2	9:52	5:52	
6	Sat			2:59	4.8					9:51	5:53	
7	Sun			3:59	4.4	12:33	-1.1			9:51	5:54	
8	Mon	10:18	4.1	5:09	3.8	1:22	-0.8	2:26	3.7	9:50	5:56	
9	Tue	10:32	4.0	6:33	3.3	2:08	-0.4	3:59	3.1	9:50	5:57	
10	Wed	10:50	4.0	8:10	2.7	2:50	0.0	5:07	2.5	9:49	5:59	
11	Thu	11:08	4.0	10:02	2.3	3:28	0.6	6:01	1.9	9:49	6:00	
12	Fri	11:23	3.9			4:00	1.2	6:48	1.4	9:48	6:01	
13	Sat	12:21	2.2	11:36 AM	4.0	4:21	1.8	7:29	0.9	9:47	6:03	
14	Sun	11:45	4.0					8:07	0.5	9:46	6:05	
15	Mon	11:50	4.1					8:42	0.2	9:45	6:06	
16	Tue	11:52	4.2					9:18	0.0	9:44	6:08	
17	Wed	11:54	4.4					9:53	-0.1	9:43	6:09	
18	Thu			12:00	4.5			10:29	-0.2	9:42	6:11	
19	Fri			12:15	4.5			11:06	-0.3	9:41	6:13	
20	Sat			12:37	4.5			11:43	-0.4	9:40	6:14	
21	Sun			12:58	4.4					9:39	6:16	
22	Mon			1:04	4.2	12:19	-0.3			9:38	6:18	
23	Tue	11:43	3.9			12:54	-0.2			9:36	6:20	
24	Wed	10:58	3.6			1:28	0.0			9:35	6:21	
25	Thu	10:24	3.5			2:00	0.3			9:34	6:23	
26	Fri	10:08	3.6	9:08	2.3	2:29	0.8	5:07	2.0	9:32	6:25	
27	Sat	10:09	3.8	11:35	2.2	2:53	1.4	5:43	1.2	9:31	6:27	
28	Sun	10:20	4.1			3:06	2.0	6:25	0.5	9:30	6:29	
29	Mon	10:41	4.5					7:11	-0.1	9:28	6:30	
30	Tue	11:09	4.8					7:59	-0.6	9:27	6:32	
31	Wed	11:45	5.0					8:50	-0.9	9:25	6:34	