

































Adak Island, AK - Jul 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:16	4.0					12:28	-0.7	5:32	10:08	
2	Mon	1:21	4.1					1:03	-0.7	5:33	10:08	
3	Tue	1:28	4.1					1:38	-0.7	5:34	10:07	
4	Wed	1:25	4.0					2:13	-0.7	5:35	10:07	
5	Thu	1:12	3.8					2:46	-0.6	5:35	10:06	
6	Fri	1:03	3.6					3:18	-0.4	5:36	10:06	
7	Sat	12:51	3.4					3:47	-0.1	5:37	10:05	
8	Sun	12:30	3.3					4:12	0.3	5:38	10:04	
9	Mon	12:11	3.3	10:02 AM	1.9	7:32	1.8	4:30	0.9	5:39	10:04	
10	Tue	12:04	3.4	12:44	1.6	7:43	1.1	4:33	1.4	5:40	10:03	
11	Wed	12:08	3.7			8:16	0.4			5:42	10:02	
12	Thu	12:21	4.1			8:56	-0.3			5:43	10:01	
13	Fri	12:45	4.4			9:42	-0.8			5:44	10:00	
14	Sat	1:17	4.7			10:31	-1.3			5:45	9:59	
15	Sun	1:59	4.8			11:23	-1.5			5:46	9:58	
16	Mon	2:48	4.8					12:16	-1.6	5:48	9:57	
17	Tue	3:45	4.5					1:08	-1.5	5:49	9:56	
18	Wed	4:50	4.1	10:55	3.5			1:58	-1.3	5:50	9:55	
19	Thu	6:04	3.6	11:02	3.5	2:05	3.3	2:46	-0.9	5:51	9:54	
20	Fri	7:28	3.1	11:19	3.5	3:48	2.7	3:30	-0.4	5:53	9:52	
21	Sat	9:02	2.5	11:38	3.5	5:07	2.1	4:12	0.2	5:54	9:51	
22	Sun	10:48	2.1	11:57	3.5	6:12	1.5	4:48	0.8	5:56	9:50	
23	Mon			12:54	2.0	7:07	0.9	5:18	1.5	5:57	9:48	
24	Tue	12:15	3.6	3:22	2.1	7:56	0.5	5:31	2.0	5:58	9:47	
25	Wed	12:30	3.6			8:40	0.1			6:00	9:46	
26	Thu	12:41	3.7			9:21	-0.1			6:01	9:44	
27	Fri	12:48	3.8			10:01	-0.3			6:03	9:43	
28	Sat	12:53	3.9			10:40	-0.4			6:04	9:41	
29	Sun	1:00	4.0			11:18	-0.5			6:06	9:39	
30	Mon	1:14	4.0			11:56	-0.5			6:07	9:38	
31	Tue	1:34	3.9					12:33	-0.5	6:09	9:36	