


Adak Island, AK - Aug 2057

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 1:56 | 3.8 | | | | | 1:09 | -0.4 | 6:10 | 9:34 | ☀ |
| 2 | Thu | 2:05 | 3.6 | | | | | 1:43 | -0.3 | 6:12 | 9:33 | ☀ |
| 3 | Fri | 12:24 | 3.3 | 11:40 | 3.1 | | | 2:16 | -0.1 | 6:13 | 9:31 | ☀ |
| 4 | Sat | | | 11:05 | 3.0 | | | 2:46 | 0.2 | 6:15 | 9:29 | ☀ |
| 5 | Sun | 7:33 | 2.3 | 10:45 | 3.1 | 5:12 | 2.3 | 3:13 | 0.7 | 6:16 | 9:28 | ☀ |
| 6 | Mon | 9:51 | 2.0 | 10:42 | 3.3 | 5:35 | 1.6 | 3:36 | 1.2 | 6:18 | 9:26 | ☀ |
| 7 | Tue | | | 12:07 | 1.9 | 6:10 | 1.0 | 3:47 | 1.7 | 6:20 | 9:24 | ☀ |
| 8 | Wed | | | 11:09 | 4.0 | 6:52 | 0.3 | | | 6:21 | 9:22 | ☀ |
| 9 | Thu | | | 11:38 | 4.3 | 7:37 | -0.2 | | | 6:23 | 9:20 | ☀ |
| 10 | Fri | | | | | 8:25 | -0.7 | | | 6:24 | 9:18 | ☀ |
| 11 | Sat | 12:15 | 4.5 | | | 9:16 | -1.0 | | | 6:26 | 9:16 | ☀ |
| 12 | Sun | 1:00 | 4.7 | | | 10:09 | -1.2 | | | 6:28 | 9:14 | ☀ |
| 13 | Mon | 1:52 | 4.6 | | | 11:02 | -1.1 | | | 6:29 | 9:12 | ☀ |
| 14 | Tue | 2:51 | 4.4 | | | 11:56 | -1.0 | | | 6:31 | 9:10 | ☀ |
| 15 | Wed | 3:58 | 4.0 | 9:30 | 3.0 | | | 12:47 | -0.7 | 6:32 | 9:08 | ☀ |
| 16 | Thu | 5:13 | 3.5 | 9:34 | 3.0 | 12:12 | 2.9 | 1:37 | -0.4 | 6:34 | 9:06 | ☀ |
| 17 | Fri | 6:39 | 3.0 | 9:48 | 3.0 | 2:00 | 2.4 | 2:23 | 0.1 | 6:36 | 9:04 | ☀ |
| 18 | Sat | 8:14 | 2.6 | 10:06 | 3.1 | 3:22 | 1.9 | 3:07 | 0.6 | 6:37 | 9:02 | ☀ |
| 19 | Sun | 9:57 | 2.4 | 10:26 | 3.2 | 4:27 | 1.4 | 3:49 | 1.2 | 6:39 | 9:00 | ☀ |
| 20 | Mon | 11:47 | 2.3 | 10:45 | 3.3 | 5:22 | 0.9 | 4:28 | 1.7 | 6:41 | 8:58 | ☀ |
| 21 | Tue | | | 1:38 | 2.4 | 6:11 | 0.5 | 5:02 | 2.2 | 6:42 | 8:56 | ☀ |
| 22 | Wed | | | 11:22 | 3.4 | 6:57 | 0.2 | | | 6:44 | 8:54 | ☀ |
| 23 | Thu | | | 11:39 | 3.5 | 7:41 | 0.0 | | | 6:45 | 8:52 | ☀ |
| 24 | Fri | | | 11:57 | 3.6 | 8:24 | -0.1 | | | 6:47 | 8:49 | ☀ |
| 25 | Sat | | | | | 9:07 | -0.1 | | | 6:49 | 8:47 | ☀ |
| 26 | Sun | 12:18 | 3.7 | | | 9:49 | -0.2 | | | 6:50 | 8:45 | ☀ |
| 27 | Mon | 12:44 | 3.7 | | | 10:31 | -0.1 | | | 6:52 | 8:43 | ☀ |
| 28 | Tue | 1:15 | 3.6 | | | 11:12 | -0.1 | | | 6:53 | 8:41 | ☀ |
| 29 | Wed | 1:53 | 3.5 | | | 11:51 | 0.0 | | | 6:55 | 8:38 | ☀ |
| 30 | Thu | 2:44 | 3.3 | | | | | 12:28 | 0.2 | 6:57 | 8:36 | ☀ |
| 31 | Fri | 4:05 | 2.9 | 9:33 | 2.6 | | | 1:04 | 0.5 | 6:58 | 8:34 | ☀ |