










Adak Island, AK - Jul 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:59	3.9			10:41	-0.3			5:32	10:08	
2	Tue	1:13	4.0			11:16	-0.5			5:33	10:08	
3	Wed	1:32	4.1			11:52	-0.6			5:34	10:07	
4	Thu	1:57	4.0					12:28	-0.6	5:35	10:07	
5	Fri	2:28	3.9					1:04	-0.6	5:36	10:06	
6	Sat	3:04	3.7	11:59	3.4			1:39	-0.6	5:36	10:06	
7	Sun			11:12	3.2			2:13	-0.4	5:37	10:05	
8	Mon			10:55	3.2			2:47	0.0	5:38	10:04	
9	Tue	7:42	2.4	10:54	3.4	4:51	2.3	3:19	0.4	5:40	10:04	
10	Wed	9:46	2.0	11:06	3.6	5:38	1.6	3:47	0.9	5:41	10:03	
11	Thu	11:54	1.8	11:25	3.9	6:25	0.9	4:09	1.4	5:42	10:02	
12	Fri			11:51	4.2	7:13	0.3			5:43	10:01	
13	Sat					8:03	-0.3			5:44	10:00	
14	Sun	12:23	4.4			8:53	-0.7			5:45	9:59	
15	Mon	1:00	4.5			9:44	-1.0			5:46	9:58	
16	Tue	1:41	4.5			10:34	-1.1			5:48	9:57	
17	Wed	2:26	4.4			11:25	-1.0			5:49	9:56	
18	Thu	3:15	4.1					12:13	-0.9	5:50	9:55	
19	Fri	4:08	3.7	10:05	3.2			1:00	-0.7	5:52	9:53	
20	Sat	5:10	3.3	10:14	3.2	1:15	3.0	1:44	-0.4	5:53	9:52	
21	Sun	6:23	2.9	10:28	3.2	3:00	2.7	2:24	0.0	5:54	9:51	
22	Mon	7:46	2.5	10:41	3.2	4:13	2.2	3:01	0.4	5:56	9:50	
23	Tue	9:17	2.2	10:53	3.2	5:09	1.7	3:34	0.9	5:57	9:48	
24	Wed	10:59	2.0	11:05	3.3	5:56	1.3	4:02	1.3	5:59	9:47	
25	Thu			12:55	2.0	6:39	0.9	4:21	1.8	6:00	9:45	
26	Fri			11:32	3.5	7:20	0.6			6:01	9:44	
27	Sat			11:48	3.7	7:59	0.3			6:03	9:42	
28	Sun					8:39	0.1			6:04	9:41	
29	Mon	12:05	3.8			9:17	-0.1			6:06	9:39	
30	Tue	12:26	3.9			9:56	-0.2			6:07	9:38	
31	Wed	12:52	4.0			10:34	-0.3			6:09	9:36	