







Adak Island, AK - Jul 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:26	1.7	11:52	3.6	7:05	1.3	4:14	1.2	5:32	10:08	
2	Wed					7:38	0.7			5:33	10:08	
3	Thu	12:08	3.9			8:18	0.1			5:34	10:08	
4	Fri	12:33	4.2			9:03	-0.4			5:34	10:07	
5	Sat	1:05	4.5			9:51	-0.9			5:35	10:06	
6	Sun	1:45	4.6			10:41	-1.1			5:36	10:06	
7	Mon	2:33	4.6			11:32	-1.3			5:37	10:05	
8	Tue	3:27	4.4					12:24	-1.2	5:38	10:05	
9	Wed	4:30	4.0	10:08	3.3			1:14	-1.1	5:39	10:04	
10	Thu	5:41	3.6	10:18	3.4	1:15	3.1	2:02	-0.8	5:40	10:03	
11	Fri	7:00	3.1	10:39	3.4	3:01	2.7	2:48	-0.4	5:41	10:02	
12	Sat	8:27	2.6	11:02	3.5	4:23	2.1	3:31	0.1	5:43	10:01	
13	Sun	10:00	2.3	11:27	3.6	5:31	1.6	4:11	0.6	5:44	10:00	
14	Mon	11:43	2.0	11:50	3.6	6:29	1.1	4:46	1.2	5:45	9:59	
15	Tue			1:39	2.0	7:22	0.6	5:14	1.7	5:46	9:58	
16	Wed	12:11	3.6			8:10	0.3			5:47	9:57	
17	Thu	12:30	3.7			8:54	0.1			5:49	9:56	
18	Fri	12:45	3.7			9:36	-0.1			5:50	9:55	
19	Sat	12:58	3.8			10:16	-0.2			5:51	9:54	
20	Sun	1:12	3.8			10:54	-0.3			5:53	9:53	
21	Mon	1:27	3.8			11:30	-0.3			5:54	9:51	
22	Tue	1:47	3.8					12:06	-0.3	5:55	9:50	
23	Wed	2:10	3.7					12:40	-0.2	5:57	9:49	
24	Thu	2:37	3.5					1:13	-0.1	5:58	9:47	
25	Fri	3:05	3.2	10:55	3.0			1:44	0.0	6:00	9:46	
26	Sat			10:32	3.0			2:15	0.3	6:01	9:44	
27	Sun	6:43	2.4	10:23	3.1	4:16	2.3	2:43	0.6	6:03	9:43	
28	Mon	8:45	2.1	10:26	3.3	4:53	1.8	3:09	1.0	6:04	9:41	
29	Tue	10:43	1.9	10:39	3.5	5:33	1.3	3:28	1.5	6:06	9:40	
30	Wed			12:56	1.9	6:15	0.7	3:33	1.9	6:07	9:38	
31	Thu			11:29	4.1	7:01	0.2			6:09	9:36	