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# Adak Island, AK - Jan 2076

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 11:28 | 4.1 | | | | | 7:58 | 0.7 | 9:53 | 5:46 | |
| 2 | Thu | 11:36 | 4.5 | | | | | 8:31 | 0.1 | 9:53 | 5:47 | |
| 3 | Fri | 11:54 | 4.8 | | | | | 9:12 | -0.5 | 9:53 | 5:48 | |
| 4 | Sat | | | 12:23 | 5.1 | | | 9:57 | -0.9 | 9:52 | 5:50 | |
| 5 | Sun | | | 1:02 | 5.3 | | | 10:47 | -1.2 | 9:52 | 5:51 | |
| 6 | Mon | | | 1:50 | 5.3 | | | 11:38 | -1.3 | 9:52 | 5:52 | |
| 7 | Tue | | | 2:47 | 5.0 | | | | | 9:51 | 5:53 | |
| 8 | Wed | | | 3:55 | 4.6 | 12:29 | -1.3 | | | 9:51 | 5:55 | |
| 9 | Thu | 10:22 | 4.1 | 5:16 | 4.0 | 1:19 | -1.1 | 1:47 | 3.8 | 9:50 | 5:56 | |
| 10 | Fri | 10:24 | 4.0 | 6:50 | 3.4 | 2:06 | -0.6 | 3:28 | 3.1 | 9:50 | 5:58 | |
| 11 | Sat | 10:38 | 4.0 | 8:36 | 2.8 | 2:51 | -0.1 | 4:44 | 2.4 | 9:49 | 5:59 | |
| 12 | Sun | 10:57 | 4.1 | 10:36 | 2.4 | 3:32 | 0.6 | 5:48 | 1.6 | 9:48 | 6:01 | |
| 13 | Mon | 11:18 | 4.2 | | | 4:08 | 1.3 | 6:44 | 0.9 | 9:47 | 6:02 | |
| 14 | Tue | 12:57 | 2.3 | 11:39 AM | 4.3 | 4:36 | 2.0 | 7:34 | 0.4 | 9:47 | 6:04 | |
| 15 | Wed | 11:57 | 4.3 | | | | | 8:20 | 0.0 | 9:46 | 6:05 | |
| 16 | Thu | | | 12:11 | 4.4 | | | 9:04 | -0.2 | 9:45 | 6:07 | |
| 17 | Fri | | | 12:19 | 4.4 | | | 9:45 | -0.3 | 9:44 | 6:08 | |
| 18 | Sat | | | 12:19 | 4.4 | | | 10:24 | -0.3 | 9:43 | 6:10 | |
| 19 | Sun | | | 12:14 | 4.4 | | | 11:02 | -0.3 | 9:42 | 6:12 | |
| 20 | Mon | | | 12:16 | 4.4 | | | 11:38 | -0.3 | 9:41 | 6:13 | |
| 21 | Tue | | | 12:25 | 4.3 | | | | | 9:40 | 6:15 | |
| 22 | Wed | | | 12:18 | 4.1 | 12:13 | -0.2 | | | 9:38 | 6:17 | |
| 23 | Thu | 11:41 | 3.9 | | | 12:47 | -0.1 | | | 9:37 | 6:18 | |
| 24 | Fri | 11:19 | 3.7 | | | 1:18 | 0.1 | | | 9:36 | 6:20 | |
| 25 | Sat | 11:01 | 3.6 | | | 1:48 | 0.3 | | | 9:35 | 6:22 | |
| 26 | Sun | 10:38 | 3.5 | | | 2:14 | 0.7 | | | 9:33 | 6:24 | |
| 27 | Mon | 10:21 | 3.5 | 9:40 | 2.1 | 2:35 | 1.1 | 5:52 | 1.9 | 9:32 | 6:26 | |
| 28 | Tue | 10:13 | 3.7 | | | 2:44 | 1.6 | 6:09 | 1.3 | 9:30 | 6:27 | |
| 29 | Wed | 10:15 | 3.9 | | | | | 6:38 | 0.7 | 9:29 | 6:29 | |
| 30 | Thu | 10:26 | 4.3 | | | | | 7:14 | 0.1 | 9:27 | 6:31 | |
| 31 | Fri | 10:49 | 4.7 | | | | | 7:56 | -0.4 | 9:26 | 6:33 | |