

Adak Island, AK - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:45	4.6			11:42	-1.4			5:32	10:08	
2	Thu	2:08	4.5					12:29	-1.4	5:33	10:08	
3	Fri	2:29	4.4					1:14	-1.2	5:34	10:08	
4	Sat	2:38	4.1					1:57	-1.0	5:35	10:07	
5	Sun	12:48	3.8					2:35	-0.8	5:35	10:07	
6	Mon	12:21	3.6					3:09	-0.5	5:36	10:06	
7	Tue	12:16	3.4					3:38	0.0	5:37	10:05	
8	Wed	12:11	3.3					4:02	0.4	5:38	10:05	
9	Thu	12:04	3.2	11:57	3.2	7:31	1.7	4:15	1.0	5:39	10:04	
10	Fri			1:02	1.6	7:41	1.2	3:52	1.5	5:40	10:03	
11	Sat			11:49	3.6	8:05	0.6			5:42	10:02	
12	Sun			11:49	3.9	8:34	0.2			5:43	10:01	
13	Mon			11:56	4.2	9:06	-0.3			5:44	10:00	
14	Tue					9:42	-0.6			5:45	9:59	
15	Wed	12:15	4.5			10:22	-0.9			5:46	9:58	
16	Thu	12:46	4.7			11:05	-1.2			5:47	9:57	
17	Fri	1:27	4.8			11:50	-1.3			5:49	9:56	
18	Sat	2:16	4.7					12:35	-1.4	5:50	9:55	
19	Sun	3:13	4.4					1:20	-1.3	5:51	9:54	
20	Mon	4:23	3.9	11:23	3.2			2:01	-1.0	5:53	9:53	
21	Tue	5:59	3.3	10:45	3.2	2:28	3.1	2:41	-0.5	5:54	9:51	
22	Wed	7:59	2.6	10:41	3.3	4:11	2.3	3:17	0.2	5:55	9:50	
23	Thu	10:08	2.1	10:50	3.6	5:19	1.4	3:49	0.9	5:57	9:49	
24	Fri			12:32	2.0	6:17	0.5	4:13	1.7	5:58	9:47	
25	Sat			11:32	4.2	7:11	-0.2			6:00	9:46	
26	Sun			11:59	4.4	8:03	-0.7			6:01	9:44	
27	Mon					8:54	-1.1			6:03	9:43	
28	Tue	12:28	4.5			9:45	-1.2			6:04	9:41	
29	Wed	12:59	4.5			10:35	-1.1			6:06	9:40	
30	Thu	1:30	4.4			11:25	-1.0			6:07	9:38	
31	Fri	1:59	4.2					12:11	-0.9	6:09	9:36	