





























## Ninilchik, Cook Inlet, AK - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:45	13.2	11:42	16.7	5:26	3.5	5:18	6.1	4:48	11:32	
2	Mon			12:59	13.6	6:28	2.9	6:23	6.8	4:49	11:31	
3	Tue	12:38	16.8	2:00	14.4	7:25	2.0	7:24	6.9	4:50	11:31	
4	Wed	1:29	17.2	2:49	15.3	8:14	0.9	8:17	6.6	4:52	11:30	
5	Thu	2:15	17.8	3:31	16.3	8:58	-0.1	9:03	6.0	4:53	11:29	
6	Fri	2:56	18.4	4:09	17.1	9:37	-1.1	9:44	5.4	4:54	11:27	
7	Sat	3:35	19.0	4:44	17.8	10:14	-1.8	10:23	4.8	4:56	11:26	
8	Sun	4:12	19.3	5:18	18.3	10:48	-2.3	10:59	4.3	4:58	11:25	
9	Mon	4:47	19.4	5:50	18.6	11:22	-2.4	11:35	3.9	4:59	11:24	
10	Tue	5:22	19.2	6:21	18.8	11:54	-2.1			5:01	11:22	
11	Wed	5:58	18.8	6:52	18.9	12:11	3.6	12:27	-1.5	5:03	11:21	
12	Thu	6:37	18.1	7:24	18.8	12:50	3.4	1:01	-0.4	5:04	11:19	
13	Fri	7:20	17.1	7:59	18.7	1:32	3.1	1:37	0.9	5:06	11:18	
14	Sat	8:10	15.9	8:41	18.5	2:21	2.9	2:20	2.6	5:08	11:16	
15	Sun	9:14	14.7	9:32	18.3	3:20	2.7	3:12	4.3	5:10	11:14	
16	Mon	10:38	14.0	10:36	18.2	4:28	2.3	4:17	5.7	5:12	11:13	
17	Tue			12:12	14.1	5:41	1.4	5:37	6.6	5:14	11:11	
18	Wed			1:31	15.3	6:54	0.1	6:57	6.5	5:16	11:09	
19	Thu	1:02	19.3	2:33	16.8	7:58	-1.5	8:06	5.5	5:18	11:07	
20	Fri	2:06	20.3	3:25	18.3	8:53	-3.0	9:04	4.2	5:20	11:05	
21	Sat	3:02	21.3	4:12	19.5	9:43	-4.1	9:56	2.9	5:22	11:03	
22	Sun	3:54	21.9	4:55	20.4	10:28	-4.6	10:43	1.9	5:24	11:01	
23	Mon	4:42	21.9	5:36	20.9	11:10	-4.5	11:28	1.2	5:27	10:59	
24	Tue	5:27	21.4	6:14	20.9	11:51	-3.7			5:29	10:57	
25	Wed	6:11	20.3	6:51	20.5	12:12	1.0	12:29	-2.2	5:31	10:54	
26	Thu	6:54	18.8	7:28	19.7	12:56	1.3	1:07	-0.4	5:33	10:52	
27	Fri	7:38	17.1	8:04	18.6	1:41	1.9	1:45	1.8	5:36	10:50	
28	Sat	8:26	15.3	8:43	17.5	2:29	2.8	2:25	3.9	5:38	10:47	
29	Sun	9:25	13.7	9:30	16.4	3:23	3.6	3:13	5.9	5:40	10:45	
30	Mon	10:49	12.6	10:33	15.7	4:28	4.1	4:15	7.6	5:43	10:43	
31	Tue			12:25	12.6	5:40	4.1	5:36	8.4	5:45	10:40	