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# Ninilchik, Cook Inlet, AK - Jul 1990

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | **11:45** | 13.2 | **11:42** | 16.7 | **5:26** | 3.5 | **5:18** | 6.1 | 4:48 | 11:32 | |
| 2 | Mon | | | **12:59** | 13.6 | **6:28** | 2.9 | **6:23** | 6.8 | 4:49 | 11:31 | |
| 3 | Tue | **12:38** | 16.8 | **2:00** | 14.4 | **7:25** | 2.0 | **7:24** | 6.9 | 4:50 | 11:31 | |
| 4 | Wed | **1:29** | 17.2 | **2:49** | 15.3 | **8:14** | 0.9 | **8:17** | 6.6 | 4:52 | 11:30 | |
| 5 | Thu | **2:15** | 17.8 | **3:31** | 16.3 | **8:58** | -0.1 | **9:03** | 6.0 | 4:53 | 11:29 | |
| 6 | Fri | **2:56** | 18.4 | **4:09** | 17.1 | **9:37** | -1.1 | **9:44** | 5.4 | 4:54 | 11:27 | |
| 7 | Sat | **3:35** | 19.0 | **4:44** | 17.8 | **10:14** | -1.8 | **10:23** | 4.8 | 4:56 | 11:26 | |
| 8 | Sun | **4:12** | 19.3 | **5:18** | 18.3 | **10:48** | -2.3 | **10:59** | 4.3 | 4:58 | 11:25 | |
| 9 | Mon | **4:47** | 19.4 | **5:50** | 18.6 | **11:22** | -2.4 | **11:35** | 3.9 | 4:59 | 11:24 | |
| 10 | Tue | **5:22** | 19.2 | **6:21** | 18.8 | **11:54** | -2.1 | | | 5:01 | 11:22 | |
| 11 | Wed | **5:58** | 18.8 | **6:52** | 18.9 | **12:11** | 3.6 | **12:27** | -1.5 | 5:03 | 11:21 | |
| 12 | Thu | **6:37** | 18.1 | **7:24** | 18.8 | **12:50** | 3.4 | **1:01** | -0.4 | 5:04 | 11:19 | |
| 13 | Fri | **7:20** | 17.1 | **7:59** | 18.7 | **1:32** | 3.1 | **1:37** | 0.9 | 5:06 | 11:18 | |
| 14 | Sat | **8:10** | 15.9 | **8:41** | 18.5 | **2:21** | 2.9 | **2:20** | 2.6 | 5:08 | 11:16 | |
| 15 | Sun | **9:14** | 14.7 | **9:32** | 18.3 | **3:20** | 2.7 | **3:12** | 4.3 | 5:10 | 11:14 | |
| 16 | Mon | **10:38** | 14.0 | **10:36** | 18.2 | **4:28** | 2.3 | **4:17** | 5.7 | 5:12 | 11:13 | |
| 17 | Tue | | | **12:12** | 14.1 | **5:41** | 1.4 | **5:37** | 6.6 | 5:14 | 11:11 | |
| 18 | Wed | | | **1:31** | 15.3 | **6:54** | 0.1 | **6:57** | 6.5 | 5:16 | 11:09 | |
| 19 | Thu | **1:02** | 19.3 | **2:33** | 16.8 | **7:58** | -1.5 | **8:06** | 5.5 | 5:18 | 11:07 | |
| 20 | Fri | **2:06** | 20.3 | **3:25** | 18.3 | **8:53** | -3.0 | **9:04** | 4.2 | 5:20 | 11:05 | |
| 21 | Sat | **3:02** | 21.3 | **4:12** | 19.5 | **9:43** | -4.1 | **9:56** | 2.9 | 5:22 | 11:03 | |
| 22 | Sun | **3:54** | 21.9 | **4:55** | 20.4 | **10:28** | -4.6 | **10:43** | 1.9 | 5:24 | 11:01 | |
| 23 | Mon | **4:42** | 21.9 | **5:36** | 20.9 | **11:10** | -4.5 | **11:28** | 1.2 | 5:27 | 10:59 | |
| 24 | Tue | **5:27** | 21.4 | **6:14** | 20.9 | **11:51** | -3.7 | | | 5:29 | 10:57 | |
| 25 | Wed | **6:11** | 20.3 | **6:51** | 20.5 | **12:12** | 1.0 | **12:29** | -2.2 | 5:31 | 10:54 | |
| 26 | Thu | **6:54** | 18.8 | **7:28** | 19.7 | **12:56** | 1.3 | **1:07** | -0.4 | 5:33 | 10:52 | |
| 27 | Fri | **7:38** | 17.1 | **8:04** | 18.6 | **1:41** | 1.9 | **1:45** | 1.8 | 5:36 | 10:50 | |
| 28 | Sat | **8:26** | 15.3 | **8:43** | 17.5 | **2:29** | 2.8 | **2:25** | 3.9 | 5:38 | 10:47 | |
| 29 | Sun | **9:25** | 13.7 | **9:30** | 16.4 | **3:23** | 3.6 | **3:13** | 5.9 | 5:40 | 10:45 | |
| 30 | Mon | **10:49** | 12.6 | **10:33** | 15.7 | **4:28** | 4.1 | **4:15** | 7.6 | 5:43 | 10:43 | |
| 31 | Tue | | | **12:25** | 12.6 | **5:40** | 4.1 | **5:36** | 8.4 | 5:45 | 10:40 | |