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# Rootok Island, AK - Mar 1978

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 4:40 | 5.1 | 6:23 | 3.5 | | | 12:00 | 0.8 | 7:50 | 6:39 | |
| 2 | Thu | 5:41 | 5.1 | 8:07 | 3.5 | | | 1:20 | 0.5 | 7:47 | 6:41 | |
| 3 | Fri | 6:50 | 5.1 | 10:16 | 3.8 | 12:40 | 3.1 | 2:36 | 0.2 | 7:45 | 6:42 | |
| 4 | Sat | 8:01 | 5.2 | 10:57 | 4.2 | 2:16 | 3.1 | 3:40 | -0.1 | 7:42 | 6:44 | |
| 5 | Sun | 9:12 | 5.3 | 11:29 | 4.5 | 3:35 | 2.8 | 4:34 | -0.3 | 7:40 | 6:46 | |
| 6 | Mon | 10:16 | 5.4 | 11:58 | 4.7 | 4:36 | 2.3 | 5:22 | -0.4 | 7:38 | 6:48 | |
| 7 | Tue | 11:13 | 5.5 | | | 5:28 | 1.8 | 6:05 | -0.3 | 7:35 | 6:50 | |
| 8 | Wed | 12:27 | 4.9 | 12:04 | 5.4 | 6:16 | 1.4 | 6:46 | 0.0 | 7:33 | 6:52 | |
| 9 | Thu | 12:57 | 5.0 | 12:53 | 5.2 | 7:03 | 1.0 | 7:24 | 0.3 | 7:30 | 6:54 | |
| 10 | Fri | 1:28 | 5.0 | 1:40 | 4.8 | 7:47 | 0.8 | 8:00 | 0.8 | 7:28 | 6:56 | |
| 11 | Sat | 1:59 | 5.0 | 2:27 | 4.5 | 8:31 | 0.7 | 8:33 | 1.3 | 7:26 | 6:58 | |
| 12 | Sun | 2:32 | 4.9 | 3:15 | 4.0 | 9:14 | 0.7 | 9:04 | 1.8 | 7:23 | 7:00 | |
| 13 | Mon | 3:06 | 4.7 | 4:06 | 3.6 | 10:00 | 0.8 | 9:35 | 2.3 | 7:21 | 7:02 | |
| 14 | Tue | 3:42 | 4.6 | 5:09 | 3.3 | 10:53 | 1.0 | 10:08 | 2.7 | 7:18 | 7:04 | |
| 15 | Wed | 4:23 | 4.4 | 8:32 | 3.2 | 11:59 | 1.2 | 10:56 | 3.1 | 7:16 | 7:05 | |
| 16 | Thu | 5:15 | 4.2 | 10:01 | 3.4 | | | 1:14 | 1.2 | 7:13 | 7:07 | |
| 17 | Fri | 6:19 | 4.1 | 10:42 | 3.6 | 12:34 | 3.2 | 2:25 | 1.1 | 7:11 | 7:09 | |
| 18 | Sat | 7:26 | 4.1 | 11:09 | 3.7 | 2:16 | 3.2 | 3:23 | 0.9 | 7:08 | 7:11 | |
| 19 | Sun | 8:33 | 4.2 | 11:25 | 3.8 | 3:24 | 2.9 | 4:07 | 0.7 | 7:06 | 7:13 | |
| 20 | Mon | 9:33 | 4.3 | 11:25 | 4.0 | 4:11 | 2.5 | 4:44 | 0.6 | 7:03 | 7:15 | |
| 21 | Tue | 10:24 | 4.5 | 11:32 | 4.2 | 4:49 | 2.1 | 5:17 | 0.5 | 7:01 | 7:17 | |
| 22 | Wed | 11:09 | 4.6 | 11:54 | 4.4 | 5:25 | 1.7 | 5:48 | 0.5 | 6:58 | 7:19 | |
| 23 | Thu | 11:53 | 4.7 | | | 6:00 | 1.2 | 6:19 | 0.6 | 6:56 | 7:21 | |
| 24 | Fri | 12:21 | 4.6 | 12:36 | 4.7 | 6:36 | 0.8 | 6:50 | 0.8 | 6:53 | 7:22 | |
| 25 | Sat | 12:51 | 4.8 | 1:21 | 4.6 | 7:15 | 0.4 | 7:23 | 1.1 | 6:51 | 7:24 | |
| 26 | Sun | 1:23 | 5.0 | 2:09 | 4.5 | 7:56 | 0.2 | 7:57 | 1.5 | 6:49 | 7:26 | |
| 27 | Mon | 1:57 | 5.1 | 3:01 | 4.2 | 8:40 | 0.0 | 8:33 | 1.9 | 6:46 | 7:28 | |
| 28 | Tue | 2:33 | 5.1 | 3:58 | 4.0 | 9:29 | -0.1 | 9:13 | 2.3 | 6:44 | 7:30 | |
| 29 | Wed | 3:15 | 5.0 | 5:07 | 3.7 | 10:27 | 0.0 | 10:04 | 2.7 | 6:41 | 7:32 | |
| 30 | Thu | 4:07 | 4.9 | 6:29 | 3.6 | 11:37 | 0.1 | 11:19 | 2.9 | 6:39 | 7:34 | |
| 31 | Fri | 5:15 | 4.7 | 8:23 | 3.7 | | | 12:54 | 0.1 | 6:36 | 7:36 | |