US HARBORS www.USHarbors.com

Oceanside, CA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:37	3.0	5:56	5.5	12:30	0.8	11:02 AM	2.1	5:44	8:02	
2	Thu	7:59	3.1	6:40	5.6	1:28	0.3	12:00	2.4	5:44	8:02	
3	Fri	8:55	3.3	7:21	5.8	2:14	-0.1	12:52	2.6	5:45	8:02	
4	Sat	9:35	3.5	7:58	5.9	2:52	-0.4	1:36	2.6	5:45	8:02	
5	Sun	10:06	3.6	8:32	5.9	3:26	-0.5	2:15	2.5	5:46	8:02	
6	Mon	10:33	3.6	9:06	6.0	3:57	-0.6	2:50	2.5	5:46	8:02	
7	Tue	11:00	3.7	9:38	5.9	4:26	-0.6	3:24	2.4	5:47	8:02	
8	Wed	11:26	3.8	10:10	5.8	4:55	-0.5	3:59	2.3	5:47	8:01	
9	Thu	11:55	3.9	10:42	5.5	5:24	-0.3	4:35	2.3	5:48	8:01	
10	Fri			12:24	3.9	5:52	-0.1	5:15	2.3	5:48	8:01	
11	Sat			12:56	4.1	6:19	0.2	6:02	2.4	5:49	8:00	
12	Sun			1:30	4.2	6:46	0.6	7:00	2.4	5:49	8:00	
13	Mon	12:30	4.1	2:07	4.4	7:14	1.0	8:16	2.3	5:50	8:00	
14	Tue	1:26	3.5	2:52	4.7	7:43	1.4	9:54	2.0	5:51	7:59	
15	Wed	3:00	2.9	3:44	5.0	8:20	1.9	11:28	1.4	5:51	7:59	
16	Thu	5:24	2.7	4:41	5.3	9:15	2.3			5:52	7:59	
17	Fri	7:13	2.9	5:40	5.8	12:37	0.7	10:35 AM	2.5	5:52	7:58	
18	Sat	8:12	3.2	6:36	6.3	1:29	-0.1	11:55 AM	2.6	5:53	7:58	
19	Sun	8:53	3.6	7:29	6.8	2:14	-0.7	1:01	2.4	5:54	7:57	
20	Mon	9:31	3.9	8:19	7.1	2:57	-1.2	1:58	2.2	5:54	7:57	
21	Tue	10:07	4.2	9:08	7.2	3:38	-1.5	2:51	1.9	5:55	7:56	
22	Wed	10:44	4.4	9:56	7.0	4:18	-1.5	3:43	1.6	5:56	7:55	
23	Thu	11:22	4.7	10:43	6.6	4:57	-1.3	4:36	1.5	5:56	7:55	
24	Fri			12:02	4.9	5:36	-0.9	5:32	1.4	5:57	7:54	
25	Sat			12:43	5.1	6:13	-0.3	6:33	1.5	5:58	7:54	
26	Sun	12:24	5.0	1:28	5.1	6:50	0.4	7:43	1.5	5:58	7:53	
27	Mon	1:25	4.1	2:17	5.2	7:28	1.1	9:10	1.5	5:59	7:52	
28	Tue	2:48	3.3	3:14	5.2	8:08	1.8	10:48	1.3	6:00	7:51	
29	Wed	4:58	2.9	4:18	5.2	8:58	2.4			6:00	7:51	
30	Thu	7:12	3.1	5:23	5.2	12:14	0.8	10:20 AM	2.8	6:01	7:50	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	**8:19**	3.4	**6:20**	5.4	**1:15**	0.4	**11:49 AM**	3.0	6:02	7:49	