

Alameda, CA - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:08	5.8	11:04 AM	7.3	5:09	2.5	6:03	-1.1	7:24	5:00	
2	Fri	12:52	5.9	11:48 AM	7.0	5:58	2.5	6:42	-0.9	7:24	5:01	
3	Sat	1:33	6.0	12:31	6.7	6:45	2.4	7:19	-0.6	7:24	5:02	
4	Sun	2:11	5.9	1:13	6.2	7:32	2.4	7:54	-0.3	7:24	5:03	
5	Mon	2:48	5.9	1:57	5.8	8:20	2.3	8:29	0.2	7:24	5:03	
6	Tue	3:25	5.9	2:45	5.2	9:11	2.3	9:06	0.7	7:24	5:04	
7	Wed	4:02	5.9	3:42	4.7	10:08	2.2	9:47	1.2	7:24	5:05	
8	Thu	4:42	5.9	4:54	4.3	11:12	2.0	10:35	1.7	7:24	5:06	
9	Fri	5:24	6.0	6:18	4.1			12:18	1.7	7:24	5:07	
10	Sat	6:10	6.1	7:40	4.2			1:20	1.3	7:24	5:08	
11	Sun	6:57	6.3	8:48	4.4	12:34	2.6	2:15	0.8	7:24	5:09	
12	Mon	7:44	6.5	9:44	4.7	1:34	2.8	3:02	0.3	7:24	5:10	
13	Tue	8:29	6.7	10:31	5.0	2:29	2.9	3:44	-0.1	7:24	5:11	
14	Wed	9:14	6.9	11:13	5.3	3:19	2.9	4:24	-0.5	7:23	5:12	
15	Thu	9:58	7.1	11:53	5.5	4:05	2.8	5:01	-0.8	7:23	5:13	
16	Fri	10:42	7.2			4:49	2.6	5:38	-1.0	7:23	5:14	
17	Sat	12:30	5.7	11:27 AM	7.2	5:34	2.4	6:15	-1.1	7:22	5:15	
18	Sun	1:06	5.9	12:13	7.1	6:19	2.1	6:52	-1.0	7:22	5:16	
19	Mon	1:43	6.1	1:02	6.8	7:07	1.9	7:31	-0.7	7:22	5:17	
20	Tue	2:21	6.3	1:55	6.3	8:00	1.6	8:12	-0.2	7:21	5:18	
21	Wed	3:02	6.5	2:55	5.7	8:58	1.4	8:57	0.4	7:21	5:19	
22	Thu	3:46	6.6	4:06	5.1	10:05	1.2	9:48	1.1	7:20	5:20	
23	Fri	4:36	6.7	5:30	4.7	11:19	1.0	10:49	1.7	7:19	5:22	
24	Sat	5:32	6.8	6:58	4.6			12:35	0.6	7:19	5:23	
25	Sun	6:31	6.9	8:18	4.8			1:45	0.1	7:18	5:24	
26	Mon	7:31	7.0	9:24	5.2	1:12	2.6	2:46	-0.3	7:18	5:25	
27	Tue	8:28	7.1	10:18	5.5	2:19	2.6	3:39	-0.6	7:17	5:26	
28	Wed	9:21	7.1	11:05	5.7	3:18	2.5	4:25	-0.7	7:16	5:27	
29	Thu	10:09	7.0	11:46	5.9	4:11	2.4	5:06	-0.8	7:15	5:28	
30	Fri	10:55	6.9			5:00	2.2	5:44	-0.7	7:15	5:29	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	12:24	6.0	11:37 AM	6.7	5:44	2.1	6:18	-0.5	7:14	5:30	