

Alameda, CA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:36	6.4	4:16	6.0	9:13	-0.5	9:47	2.3	5:51	8:35	
2	Fri	3:30	5.9	4:58	6.2	9:55	-0.1	10:50	2.0	5:51	8:34	
3	Sat	4:33	5.4	5:43	6.5	10:43	0.4			5:52	8:34	
4	Sun	5:49	4.9	6:31	6.7	12:00	1.7	11:36 AM	1.0	5:52	8:34	
5	Mon	7:15	4.7	7:23	7.0	1:12	1.2	12:36	1.6	5:53	8:34	
6	Tue	8:39	4.7	8:17	7.3	2:21	0.6	1:41	2.0	5:53	8:34	
7	Wed	9:54	4.9	9:10	7.5	3:24	0.0	2:46	2.4	5:54	8:33	
8	Thu	10:58	5.2	10:02	7.6	4:20	-0.5	3:48	2.5	5:54	8:33	
9	Fri	11:54	5.5	10:53	7.6	5:12	-0.9	4:46	2.6	5:55	8:33	
10	Sat			12:44	5.7	5:59	-1.1	5:41	2.5	5:56	8:32	
11	Sun			1:30	5.9	6:44	-1.1	6:34	2.5	5:56	8:32	
12	Mon	12:30	7.3	2:13	6.0	7:26	-1.0	7:25	2.4	5:57	8:32	
13	Tue	1:17	7.0	2:53	6.1	8:05	-0.7	8:14	2.3	5:58	8:31	
14	Wed	2:02	6.5	3:32	6.1	8:42	-0.4	9:04	2.2	5:58	8:31	
15	Thu	2:49	6.1	4:09	6.1	9:19	0.1	9:55	2.2	5:59	8:30	
16	Fri	3:38	5.5	4:46	6.1	9:57	0.6	10:51	2.1	6:00	8:30	
17	Sat	4:33	5.0	5:25	6.1	10:37	1.2	11:51	1.9	6:01	8:29	
18	Sun	5:39	4.6	6:06	6.2	11:22	1.7			6:01	8:29	
19	Mon	6:57	4.3	6:51	6.2	12:55	1.7	12:15	2.2	6:02	8:28	
20	Tue	8:17	4.3	7:38	6.4	1:58	1.4	1:14	2.6	6:03	8:27	
21	Wed	9:28	4.5	8:26	6.5	2:56	1.0	2:15	2.8	6:04	8:27	
22	Thu	10:26	4.7	9:13	6.7	3:46	0.6	3:11	3.0	6:04	8:26	
23	Fri	11:15	5.0	9:58	6.9	4:30	0.2	4:02	3.0	6:05	8:25	
24	Sat	11:58	5.2	10:42	7.0	5:11	-0.1	4:49	2.9	6:06	8:24	
25	Sun			12:37	5.4	5:48	-0.3	5:33	2.7	6:07	8:24	
26	Mon			1:13	5.6	6:24	-0.5	6:16	2.6	6:08	8:23	
27	Tue	12:10	7.1	1:48	5.9	6:59	-0.6	7:00	2.3	6:08	8:22	
28	Wed	12:55	7.1	2:22	6.1	7:34	-0.6	7:45	2.1	6:09	8:21	
29	Thu	1:42	6.8	2:58	6.3	8:11	-0.4	8:34	1.8	6:10	8:20	
30	Fri	2:32	6.5	3:35	6.5	8:49	0.0	9:28	1.6	6:11	8:19	
31	Sat	3:28	6.0	4:16	6.7	9:31	0.5	10:29	1.4	6:12	8:18	