

Alameda, CA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:33	5.5	5:02	6.9	10:18	1.1	11:38	1.1	6:13	8:17	
2	Mon	5:49	5.0	5:55	7.0	11:13	1.7			6:13	8:16	
3	Tue	7:15	4.8	6:53	7.1	12:52	0.8	12:19	2.2	6:14	8:15	
4	Wed	8:37	4.9	7:55	7.2	2:05	0.4	1:31	2.6	6:15	8:14	
5	Thu	9:47	5.1	8:55	7.3	3:10	0.0	2:41	2.7	6:16	8:13	
6	Fri	10:46	5.5	9:52	7.3	4:07	-0.3	3:45	2.6	6:17	8:12	
7	Sat	11:36	5.7	10:45	7.3	4:57	-0.5	4:42	2.5	6:18	8:11	
8	Sun			12:21	5.9	5:42	-0.6	5:34	2.3	6:19	8:10	
9	Mon			1:01	6.1	6:23	-0.5	6:22	2.1	6:19	8:09	
10	Tue	12:21	7.0	1:38	6.1	7:01	-0.3	7:07	1.9	6:20	8:08	
11	Wed	1:05	6.7	2:12	6.2	7:35	0.0	7:50	1.8	6:21	8:06	
12	Thu	1:48	6.3	2:45	6.2	8:09	0.4	8:33	1.8	6:22	8:05	
13	Fri	2:32	5.9	3:15	6.2	8:41	0.8	9:16	1.7	6:23	8:04	
14	Sat	3:17	5.5	3:46	6.2	9:15	1.3	10:02	1.7	6:24	8:03	
15	Sun	4:08	5.1	4:21	6.2	9:52	1.8	10:55	1.7	6:25	8:01	
16	Mon	5:10	4.7	5:00	6.1	10:35	2.3	11:56	1.6	6:25	8:00	
17	Tue	6:24	4.5	5:48	6.1	11:30	2.7			6:26	7:59	
18	Wed	7:44	4.4	6:43	6.2	1:03	1.5	12:36	3.0	6:27	7:58	
19	Thu	8:55	4.6	7:42	6.3	2:07	1.2	1:44	3.1	6:28	7:56	
20	Fri	9:52	4.9	8:38	6.5	3:03	0.8	2:45	3.0	6:29	7:55	
21	Sat	10:38	5.2	9:31	6.7	3:51	0.5	3:39	2.8	6:30	7:54	
22	Sun	11:18	5.4	10:21	6.9	4:34	0.1	4:26	2.5	6:31	7:52	
23	Mon	11:55	5.7	11:10	7.0	5:13	-0.1	5:11	2.2	6:31	7:51	
24	Tue			12:30	6.0	5:50	-0.2	5:55	1.8	6:32	7:49	
25	Wed			1:04	6.3	6:27	-0.2	6:40	1.4	6:33	7:48	
26	Thu	12:47	7.0	1:38	6.5	7:05	-0.1	7:26	1.1	6:34	7:47	
27	Fri	1:37	6.8	2:15	6.8	7:44	0.2	8:16	0.8	6:35	7:45	
28	Sat	2:31	6.4	2:54	7.0	8:24	0.7	9:09	0.6	6:36	7:44	
29	Sun	3:30	6.0	3:37	7.1	9:09	1.2	10:08	0.5	6:37	7:42	
30	Mon	4:36	5.5	4:26	7.0	10:00	1.8	11:16	0.5	6:37	7:41	
31	Tue	5:51	5.2	5:24	6.9	11:01	2.3			6:38	7:39	