

Alameda, CA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:43	5.9	4:28	4.7	10:52	2.2	10:27	1.1	7:24	5:01	
2	Mon	5:30	6.1	5:54	4.5			12:03	1.8	7:24	5:01	
3	Tue	6:19	6.4	7:22	4.5			1:09	1.1	7:24	5:02	
4	Wed	7:10	6.8	8:38	4.8	12:31	1.9	2:10	0.4	7:24	5:03	
5	Thu	8:01	7.1	9:43	5.2	1:36	2.2	3:04	-0.3	7:24	5:04	
6	Fri	8:52	7.5	10:40	5.5	2:37	2.3	3:55	-0.9	7:24	5:05	
7	Sat	9:43	7.7	11:31	5.8	3:35	2.4	4:44	-1.3	7:24	5:06	
8	Sun	10:34	7.8			4:31	2.3	5:32	-1.5	7:24	5:07	
9	Mon	12:20	6.1	11:25 AM	7.7	5:25	2.2	6:18	-1.6	7:24	5:08	
10	Tue	1:07	6.3	12:16	7.5	6:19	2.1	7:03	-1.4	7:24	5:09	
11	Wed	1:52	6.4	1:08	7.1	7:14	1.9	7:48	-1.0	7:24	5:10	
12	Thu	2:37	6.4	2:02	6.5	8:11	1.8	8:33	-0.5	7:24	5:11	
13	Fri	3:23	6.5	3:01	5.8	9:12	1.8	9:20	0.1	7:23	5:12	
14	Sat	4:09	6.4	4:06	5.2	10:17	1.7	10:10	0.8	7:23	5:13	
15	Sun	4:58	6.4	5:22	4.7	11:27	1.5	11:05	1.5	7:23	5:14	
16	Mon	5:49	6.4	6:44	4.5			12:37	1.2	7:23	5:15	
17	Tue	6:39	6.4	8:01	4.6	12:06	2.0	1:41	0.8	7:22	5:16	
18	Wed	7:29	6.5	9:06	4.8	1:07	2.4	2:37	0.5	7:22	5:17	
19	Thu	8:15	6.5	10:00	5.1	2:05	2.6	3:25	0.2	7:21	5:18	
20	Fri	8:58	6.6	10:46	5.3	2:57	2.7	4:06	-0.1	7:21	5:19	
21	Sat	9:39	6.7	11:26	5.4	3:45	2.7	4:43	-0.2	7:20	5:20	
22	Sun	10:17	6.7			4:28	2.6	5:17	-0.3	7:20	5:21	
23	Mon	12:02	5.5	10:54 AM	6.7	5:08	2.6	5:48	-0.4	7:19	5:22	
24	Tue	12:35	5.6	11:30 AM	6.6	5:45	2.5	6:17	-0.3	7:19	5:23	
25	Wed	1:06	5.6	12:07	6.5	6:21	2.4	6:45	-0.3	7:18	5:24	
26	Thu	1:36	5.7	12:44	6.3	6:57	2.3	7:15	-0.1	7:17	5:25	
27	Fri	2:05	5.8	1:25	6.0	7:35	2.1	7:46	0.1	7:17	5:27	
28	Sat	2:36	5.9	2:10	5.6	8:18	2.0	8:21	0.5	7:16	5:28	
29	Sun	3:10	6.0	3:04	5.2	9:09	1.8	9:02	0.9	7:15	5:29	
30	Mon	3:51	6.2	4:14	4.7	10:11	1.6	9:51	1.5	7:14	5:30	
31	Tue	4:38	6.3	5:42	4.5	11:23	1.3	10:52	2.0	7:13	5:31	