

Alameda, CA - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:56	5.0	10:09	7.0	4:29	0.0	3:56	2.4	5:50	8:35	
2	Sun	11:49	5.2	10:48	6.9	5:14	-0.2	4:44	2.6	5:51	8:35	
3	Mon			12:35	5.3	5:53	-0.3	5:29	2.7	5:51	8:34	
4	Tue			1:17	5.4	6:30	-0.4	6:12	2.8	5:52	8:34	
5	Wed	12:00	6.7	1:55	5.5	7:03	-0.4	6:53	2.8	5:52	8:34	
6	Thu	12:36	6.6	2:31	5.5	7:34	-0.4	7:32	2.8	5:53	8:34	
7	Fri	1:11	6.5	3:04	5.5	8:04	-0.3	8:12	2.8	5:54	8:34	
8	Sat	1:48	6.3	3:36	5.6	8:34	-0.2	8:52	2.7	5:54	8:33	
9	Sun	2:26	6.0	4:09	5.7	9:06	0.0	9:36	2.7	5:55	8:33	
10	Mon	3:09	5.7	4:43	5.8	9:40	0.3	10:27	2.5	5:55	8:33	
11	Tue	3:59	5.3	5:21	5.9	10:19	0.7	11:26	2.3	5:56	8:32	
12	Wed	5:01	4.9	6:03	6.2	11:04	1.1			5:57	8:32	
13	Thu	6:19	4.6	6:49	6.4	12:32	1.9	11:56 AM	1.6	5:57	8:31	
14	Fri	7:45	4.5	7:38	6.7	1:38	1.4	12:56	2.0	5:58	8:31	
15	Sat	9:05	4.6	8:30	7.1	2:40	0.8	1:59	2.3	5:59	8:30	
16	Sun	10:13	4.9	9:22	7.4	3:36	0.2	3:02	2.5	5:59	8:30	
17	Mon	11:13	5.3	10:14	7.7	4:29	-0.4	4:02	2.5	6:00	8:29	
18	Tue			12:06	5.6	5:19	-0.9	5:00	2.5	6:01	8:29	
19	Wed			12:55	5.9	6:07	-1.2	5:56	2.3	6:02	8:28	
20	Thu			1:42	6.2	6:55	-1.4	6:51	2.1	6:02	8:28	
21	Fri	12:52	7.7	2:27	6.4	7:41	-1.3	7:47	2.0	6:03	8:27	
22	Sat	1:46	7.4	3:12	6.5	8:26	-1.0	8:44	1.8	6:04	8:26	
23	Sun	2:40	6.9	3:57	6.6	9:11	-0.6	9:44	1.7	6:05	8:25	
24	Mon	3:38	6.3	4:43	6.7	9:58	0.0	10:47	1.6	6:06	8:25	
25	Tue	4:42	5.6	5:31	6.7	10:47	0.7	11:55	1.4	6:06	8:24	
26	Wed	5:54	5.1	6:21	6.7	11:40	1.3			6:07	8:23	
27	Thu	7:13	4.8	7:13	6.7	1:05	1.2	12:39	1.9	6:08	8:22	
28	Fri	8:31	4.8	8:05	6.7	2:13	0.9	1:41	2.3	6:09	8:21	
29	Sat	9:40	4.9	8:54	6.7	3:13	0.6	2:41	2.6	6:10	8:21	
30	Sun	10:38	5.1	9:41	6.8	4:05	0.3	3:36	2.7	6:10	8:20	
31	Mon	11:27	5.3	10:24	6.8	4:49	0.1	4:26	2.7	6:11	8:19	