



























Alameda, CA - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:13	5.8	9:51	5.0	1:40	3.4	2:48	0.3	6:39	6:03	
2	Tue	8:11	6.0	10:28	5.2	2:38	3.2	3:32	0.0	6:38	6:04	
3	Wed	9:03	6.2	11:00	5.4	3:25	2.9	4:10	-0.3	6:36	6:05	
4	Thu	9:50	6.4	11:30	5.5	4:07	2.5	4:45	-0.5	6:35	6:06	
5	Fri	10:34	6.5	11:58	5.7	4:45	2.2	5:17	-0.5	6:33	6:07	
6	Sat	11:17	6.5			5:23	1.8	5:48	-0.4	6:32	6:08	
7	Sun	12:24	5.9	12:02	6.4	6:01	1.4	6:19	-0.1	6:30	6:09	
8	Mon	12:51	6.1	12:49	6.1	6:41	0.9	6:51	0.3	6:29	6:10	
9	Tue	1:19	6.4	1:40	5.7	7:24	0.6	7:25	0.9	6:28	6:11	
10	Wed	1:50	6.6	2:39	5.3	8:13	0.3	8:03	1.6	6:26	6:12	
11	Thu	2:26	6.7	3:51	4.8	9:09	0.2	8:48	2.3	6:25	6:13	
12	Fri	3:09	6.7	5:18	4.5	10:16	0.1	9:47	2.9	6:23	6:13	
13	Sat	4:04	6.6	6:50	4.6	11:35	0.0	11:11	3.3	6:22	6:14	
14	Sun	5:13	6.4	8:08	4.9			12:55	-0.2	6:20	6:15	
15	Mon	6:32	6.3	9:06	5.3	12:43	3.3	2:05	-0.4	6:19	6:16	
16	Tue	7:47	6.4	9:53	5.6	2:01	3.0	3:02	-0.6	6:17	6:17	
17	Wed	8:52	6.5	10:33	5.8	3:03	2.5	3:51	-0.7	6:16	6:18	
18	Thu	9:50	6.5	11:09	6.0	3:56	1.9	4:33	-0.7	6:14	6:19	
19	Fri	10:42	6.4	11:43	6.2	4:44	1.4	5:11	-0.4	6:12	6:20	
20	Sat	11:31	6.2			5:29	1.0	5:45	0.0	6:11	6:21	
21	Sun	12:13	6.2	12:18	5.9	6:10	0.7	6:18	0.5	6:09	6:22	
22	Mon	12:41	6.3	1:04	5.6	6:50	0.5	6:50	1.0	6:08	6:23	
23	Tue	1:07	6.3	1:52	5.3	7:29	0.4	7:21	1.6	6:06	6:24	
24	Wed	1:32	6.2	2:44	4.9	8:08	0.4	7:55	2.2	6:05	6:25	
25	Thu	1:59	6.1	3:44	4.6	8:51	0.4	8:34	2.8	6:03	6:26	
26	Fri	2:30	6.0	4:55	4.4	9:39	0.5	9:25	3.2	6:02	6:26	
27	Sat	3:11	5.8	6:15	4.4	10:39	0.7	10:38	3.5	6:00	6:27	
28	Sun	4:05	5.5	7:28	4.6	11:50	0.7			5:59	6:28	
29	Mon	5:15	5.4	8:23	4.8	12:03	3.5	12:58	0.5	5:57	6:29	
30	Tue	6:30	5.4	9:05	5.0	1:15	3.3	1:56	0.3	5:56	6:30	
31	Wed	7:37	5.5	9:39	5.2	2:12	2.9	2:43	0.1	5:54	6:31	