






























Alameda, CA - Feb 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:29	6.4	4:23	4.4	10:05	1.3	9:31	2.1	7:12	5:33	
2	Mon	4:13	6.6	6:04	4.1	11:18	0.9	10:29	2.7	7:11	5:34	
3	Tue	5:07	6.7	7:42	4.3			12:37	0.5	7:10	5:35	
4	Wed	6:11	6.8	8:57	4.7			1:50	-0.1	7:09	5:36	
5	Thu	7:19	7.0	9:54	5.1	1:13	3.3	2:52	-0.6	7:08	5:37	
6	Fri	8:24	7.3	10:40	5.5	2:26	3.1	3:45	-1.1	7:07	5:38	
7	Sat	9:25	7.5	11:23	5.8	3:28	2.8	4:33	-1.3	7:06	5:39	
8	Sun	10:21	7.5			4:24	2.3	5:17	-1.4	7:05	5:40	
9	Mon	12:02	6.1	11:14 AM	7.4	5:17	1.9	5:58	-1.2	7:04	5:41	
10	Tue	12:39	6.3	12:06	7.1	6:08	1.4	6:37	-0.8	7:03	5:43	
11	Wed	1:15	6.5	12:58	6.6	6:58	1.1	7:14	-0.3	7:02	5:44	
12	Thu	1:50	6.6	1:50	6.0	7:48	0.9	7:51	0.4	7:01	5:45	
13	Fri	2:25	6.6	2:47	5.4	8:41	0.8	8:28	1.2	7:00	5:46	
14	Sat	3:01	6.5	3:51	4.8	9:36	0.8	9:10	1.9	6:59	5:47	
15	Sun	3:39	6.4	5:08	4.4	10:39	0.9	10:00	2.6	6:58	5:48	
16	Mon	4:24	6.2	6:36	4.3	11:48	0.8	11:07	3.1	6:56	5:49	
17	Tue	5:18	6.0	7:58	4.5			12:59	0.7	6:55	5:50	
18	Wed	6:20	5.9	9:01	4.8	12:25	3.4	2:02	0.5	6:54	5:51	
19	Thu	7:23	6.0	9:47	5.0	1:36	3.3	2:54	0.2	6:53	5:52	
20	Fri	8:19	6.1	10:24	5.2	2:35	3.1	3:38	0.0	6:51	5:53	
21	Sat	9:08	6.2	10:57	5.3	3:24	2.8	4:15	-0.2	6:50	5:54	
22	Sun	9:53	6.3	11:26	5.5	4:06	2.5	4:47	-0.2	6:49	5:55	
23	Mon	10:34	6.3	11:53	5.6	4:45	2.2	5:17	-0.2	6:48	5:56	
24	Tue	11:14	6.3			5:21	1.9	5:44	-0.1	6:46	5:57	
25	Wed	12:18	5.8	11:55 AM	6.1	5:56	1.5	6:11	0.2	6:45	5:58	
26	Thu	12:42	6.0	12:36	5.9	6:31	1.2	6:39	0.5	6:43	5:59	
27	Fri	1:07	6.2	1:22	5.6	7:09	0.9	7:08	1.0	6:42	6:01	
28	Sat	1:34	6.5	2:13	5.2	7:50	0.7	7:41	1.5	6:41	6:02	