

































Alameda, CA - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:06	6.6	3:15	4.7	8:39	0.5	8:20	2.1	6:39	6:03	
2	Mon	2:45	6.7	4:35	4.4	9:38	0.4	9:09	2.7	6:38	6:04	
3	Tue	3:34	6.6	6:09	4.3	10:51	0.3	10:19	3.2	6:37	6:05	
4	Wed	4:36	6.5	7:33	4.5			12:13	0.1	6:35	6:06	
5	Thu	5:52	6.5	8:38	4.9			1:29	-0.2	6:34	6:06	
6	Fri	7:09	6.6	9:27	5.3	1:18	3.1	2:31	-0.5	6:32	6:07	
7	Sat	8:19	6.7	10:10	5.7	2:27	2.6	3:23	-0.8	6:31	6:08	
8	Sun	10:21	6.8	11:48	6.0	4:26	2.0	5:09	-0.8	7:29	7:09	
9	Mon	11:18	6.8			5:18	1.4	5:50	-0.6	7:28	7:10	
10	Tue	12:24	6.3	12:11	6.6	6:08	0.9	6:28	-0.3	7:26	7:11	
11	Wed	12:58	6.5	1:02	6.3	6:54	0.5	7:04	0.2	7:25	7:12	
12	Thu	1:31	6.6	1:53	6.0	7:40	0.2	7:40	0.8	7:23	7:13	
13	Fri	2:02	6.7	2:45	5.6	8:24	0.1	8:16	1.4	7:22	7:14	
14	Sat	2:33	6.6	3:39	5.2	9:09	0.1	8:54	2.0	7:20	7:15	
15	Sun	3:05	6.5	4:40	4.8	9:57	0.2	9:36	2.6	7:19	7:16	
16	Mon	3:40	6.2	5:50	4.5	10:51	0.4	10:29	3.0	7:17	7:17	
17	Tue	4:24	5.9	7:07	4.4	11:54	0.6	11:39	3.3	7:16	7:18	
18	Wed	5:20	5.6	8:20	4.6			1:04	0.7	7:14	7:19	
19	Thu	6:30	5.4	9:17	4.8	1:00	3.4	2:10	0.6	7:13	7:20	
20	Fri	7:43	5.4	10:01	5.0	2:12	3.1	3:05	0.4	7:11	7:21	
21	Sat	8:47	5.5	10:36	5.2	3:10	2.7	3:50	0.3	7:10	7:22	
22	Sun	9:43	5.6	11:07	5.4	3:59	2.3	4:28	0.2	7:08	7:23	
23	Mon	10:32	5.7	11:34	5.6	4:42	1.8	5:02	0.2	7:07	7:24	
24	Tue	11:19	5.8			5:21	1.4	5:33	0.4	7:05	7:24	
25	Wed	12:00	5.9	12:04	5.8	5:58	0.9	6:04	0.6	7:04	7:25	
26	Thu	12:25	6.1	12:50	5.7	6:34	0.5	6:35	1.0	7:02	7:26	
27	Fri	12:51	6.4	1:38	5.5	7:11	0.1	7:07	1.4	7:01	7:27	
28	Sat	1:20	6.7	2:29	5.3	7:50	-0.2	7:42	1.8	6:59	7:28	
29	Sun	1:52	6.8	3:26	5.1	8:34	-0.4	8:21	2.3	6:58	7:29	
30	Mon	2:30	6.9	4:30	4.8	9:24	-0.5	9:08	2.7	6:56	7:30	
31	Tue	3:15	6.8	5:44	4.7	10:24	-0.4	10:09	3.1	6:55	7:31	