

























Alameda, CA - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:56	5.1	9:28	6.7	4:08	0.1	3:32	3.3	6:13	8:17	
2	Sun	11:40	5.3	10:15	6.7	4:53	-0.1	4:24	3.2	6:13	8:16	
3	Mon			12:19	5.4	5:33	-0.2	5:09	3.1	6:14	8:15	
4	Tue			12:53	5.5	6:08	-0.2	5:51	2.9	6:15	8:14	
5	Wed			1:23	5.6	6:39	-0.2	6:29	2.7	6:16	8:13	
6	Thu	12:16	6.6	1:51	5.6	7:07	-0.1	7:05	2.5	6:17	8:12	
7	Fri	12:53	6.4	2:16	5.8	7:34	0.0	7:41	2.3	6:18	8:11	
8	Sat	1:31	6.2	2:41	5.9	7:59	0.3	8:17	2.1	6:19	8:10	
9	Sun	2:10	5.9	3:05	6.1	8:26	0.6	8:56	1.9	6:19	8:09	
10	Mon	2:54	5.5	3:32	6.3	8:55	1.1	9:41	1.7	6:20	8:08	
11	Tue	3:47	5.1	4:05	6.5	9:28	1.6	10:36	1.5	6:21	8:06	
12	Wed	4:55	4.6	4:46	6.6	10:09	2.2	11:42	1.2	6:22	8:05	
13	Thu	6:25	4.3	5:36	6.8	11:01	2.8			6:23	8:04	
14	Fri	8:02	4.4	6:37	6.9	12:58	0.9	12:11	3.2	6:24	8:03	
15	Sat	9:21	4.7	7:45	7.1	2:13	0.4	1:34	3.4	6:25	8:01	
16	Sun	10:22	5.0	8:52	7.3	3:18	-0.1	2:50	3.3	6:26	8:00	
17	Mon	11:10	5.4	9:54	7.5	4:14	-0.6	3:55	3.0	6:26	7:59	
18	Tue	11:53	5.7	10:53	7.6	5:04	-0.9	4:53	2.5	6:27	7:58	
19	Wed			12:33	6.0	5:50	-1.0	5:47	2.0	6:28	7:56	
20	Thu			1:11	6.3	6:32	-0.9	6:40	1.5	6:29	7:55	
21	Fri	12:43	7.3	1:48	6.6	7:13	-0.5	7:32	1.1	6:30	7:54	
22	Sat	1:37	6.9	2:24	6.8	7:52	0.0	8:24	0.9	6:31	7:52	
23	Sun	2:32	6.4	3:01	6.9	8:31	0.6	9:17	0.7	6:32	7:51	
24	Mon	3:30	5.8	3:39	6.9	9:11	1.4	10:14	0.7	6:32	7:49	
25	Tue	4:34	5.3	4:19	6.7	9:55	2.1	11:16	0.8	6:33	7:48	
26	Wed	5:48	4.9	5:06	6.6	10:48	2.7			6:34	7:47	
27	Thu	7:10	4.7	6:01	6.3	12:24	0.8	11:54 AM	3.2	6:35	7:45	
28	Fri	8:29	4.8	7:04	6.2	1:34	0.8	1:08	3.4	6:36	7:44	
29	Sat	9:34	5.0	8:07	6.2	2:39	0.6	2:18	3.4	6:37	7:42	
30	Sun	10:23	5.2	9:05	6.3	3:34	0.4	3:17	3.1	6:37	7:41	
31	Mon	11:02	5.4	9:55	6.4	4:19	0.3	4:07	2.8	6:38	7:39	