
































## Alameda, CA - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:11	6.8	11:34	5.4	4:02	2.0	4:55	-0.2	6:35	5:10	
2	Mon	10:42	7.0			4:39	2.3	5:33	-0.5	6:36	5:09	
3	Tue	12:25	5.5	11:16 AM	7.2	5:17	2.6	6:14	-0.8	6:37	5:08	
4	Wed	1:16	5.4	11:55 AM	7.3	5:59	2.9	6:57	-1.0	6:38	5:07	
5	Thu	2:09	5.4	12:39	7.2	6:45	3.1	7:46	-1.0	6:39	5:06	
6	Fri	3:05	5.3	1:29	7.0	7:38	3.3	8:39	-0.8	6:40	5:05	
7	Sat	4:03	5.3	2:26	6.6	8:43	3.3	9:38	-0.5	6:41	5:04	
8	Sun	5:02	5.4	3:35	6.1	10:01	3.2	10:41	-0.2	6:42	5:03	
9	Mon	5:59	5.6	4:54	5.7	11:24	2.8	11:45	0.1	6:43	5:02	
10	Tue	6:50	5.9	6:18	5.4			12:40	2.1	6:44	5:01	
11	Wed	7:36	6.3	7:37	5.3	12:44	0.4	1:46	1.4	6:45	5:00	
12	Thu	8:18	6.7	8:49	5.3	1:37	0.8	2:44	0.6	6:46	5:00	
13	Fri	8:57	7.0	9:53	5.4	2:27	1.3	3:35	-0.1	6:47	4:59	
14	Sat	9:34	7.2	10:51	5.5	3:13	1.7	4:21	-0.5	6:48	4:58	
15	Sun	10:09	7.2	11:45	5.5	3:58	2.2	5:05	-0.8	6:49	4:57	
16	Mon	10:44	7.2			4:42	2.6	5:46	-0.9	6:50	4:57	
17	Tue	12:36	5.6	11:18 AM	7.0	5:25	2.9	6:26	-0.9	6:52	4:56	
18	Wed	1:24	5.5	11:53 AM	6.8	6:09	3.1	7:04	-0.7	6:53	4:55	
19	Thu	2:10	5.4	12:30	6.6	6:54	3.3	7:42	-0.5	6:54	4:55	
20	Fri	2:56	5.3	1:09	6.3	7:40	3.4	8:22	-0.3	6:55	4:54	
21	Sat	3:41	5.2	1:52	5.9	8:31	3.4	9:04	0.0	6:56	4:54	
22	Sun	4:26	5.2	2:41	5.5	9:30	3.3	9:48	0.3	6:57	4:53	
23	Mon	5:11	5.2	3:40	5.0	10:35	3.1	10:37	0.6	6:58	4:53	
24	Tue	5:54	5.4	4:52	4.7	11:43	2.8	11:27	1.0	6:59	4:52	
25	Wed	6:34	5.6	6:12	4.4			12:46	2.3	7:00	4:52	
26	Thu	7:10	5.9	7:30	4.4	12:17	1.3	1:41	1.7	7:01	4:51	
27	Fri	7:44	6.2	8:40	4.6	1:06	1.7	2:29	1.0	7:02	4:51	
28	Sat	8:18	6.5	9:42	4.8	1:53	2.1	3:13	0.4	7:03	4:51	
29	Sun	8:52	6.9	10:39	5.0	2:39	2.4	3:55	-0.2	7:04	4:51	
30	Mon	9:29	7.2	11:32	5.3	3:24	2.7	4:36	-0.7	7:05	4:50	