



































## Alameda, CA - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:49	5.8	11:32 AM	7.7	5:38	2.7	6:34	-1.7	7:24	5:01	
2	Sat	1:31	6.0	12:24	7.5	6:32	2.4	7:17	-1.5	7:24	5:02	
3	Sun	2:13	6.1	1:18	7.1	7:28	2.2	8:00	-1.1	7:24	5:02	
4	Mon	2:55	6.3	2:16	6.4	8:28	1.9	8:44	-0.5	7:24	5:03	
5	Tue	3:39	6.5	3:20	5.7	9:33	1.7	9:31	0.3	7:24	5:04	
6	Wed	4:24	6.6	4:35	5.0	10:44	1.4	10:21	1.1	7:24	5:05	
7	Thu	5:13	6.7	6:01	4.5	11:59	1.0	11:19	1.8	7:24	5:06	
8	Fri	6:04	6.8	7:30	4.5			1:10	0.5	7:24	5:07	
9	Sat	6:56	6.9	8:48	4.7	12:24	2.4	2:15	0.1	7:24	5:08	
10	Sun	7:47	6.9	9:52	5.0	1:30	2.8	3:10	-0.3	7:24	5:09	
11	Mon	8:36	6.9	10:44	5.3	2:31	3.0	3:58	-0.5	7:24	5:10	
12	Tue	9:22	6.9	11:27	5.4	3:26	3.1	4:40	-0.6	7:24	5:11	
13	Wed	10:05	6.8			4:15	3.0	5:17	-0.6	7:23	5:12	
14	Thu	12:06	5.5	10:45 AM	6.7	4:59	2.9	5:51	-0.6	7:23	5:13	
15	Fri	12:41	5.6	11:22 AM	6.6	5:40	2.8	6:21	-0.5	7:23	5:14	
16	Sat	1:12	5.6	11:59 AM	6.4	6:18	2.7	6:49	-0.3	7:22	5:15	
17	Sun	1:41	5.6	12:35	6.1	6:55	2.5	7:16	-0.1	7:22	5:16	
18	Mon	2:07	5.6	1:12	5.8	7:32	2.4	7:43	0.2	7:22	5:17	
19	Tue	2:33	5.7	1:53	5.4	8:12	2.2	8:11	0.6	7:21	5:18	
20	Wed	3:00	5.9	2:40	4.9	8:57	2.1	8:42	1.1	7:21	5:19	
21	Thu	3:31	6.0	3:41	4.5	9:51	1.9	9:19	1.7	7:20	5:20	
22	Fri	4:07	6.1	5:06	4.1	10:55	1.6	10:06	2.3	7:20	5:21	
23	Sat	4:52	6.3	6:47	4.0			12:07	1.2	7:19	5:22	
24	Sun	5:45	6.5	8:15	4.3			1:16	0.7	7:18	5:23	
25	Mon	6:43	6.7	9:21	4.7	12:24	3.2	2:18	0.1	7:18	5:25	
26	Tue	7:43	7.0	10:13	5.0	1:39	3.3	3:12	-0.5	7:17	5:26	
27	Wed	8:42	7.3	10:57	5.4	2:44	3.1	4:01	-1.0	7:16	5:27	
28	Thu	9:38	7.6	11:39	5.7	3:41	2.8	4:46	-1.4	7:16	5:28	
29	Fri	10:33	7.7			4:35	2.4	5:30	-1.5	7:15	5:29	
30	Sat	12:18	6.0	11:26 AM	7.6	5:28	2.0	6:12	-1.4	7:14	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Sun	<b>12:56</b>	6.3	<b>12:19</b>	7.3	<b>6:20</b>	1.6	<b>6:52</b>	-1.1	7:13	5:31	