




























Alameda, CA - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:16	6.6	12:16	6.8	6:07	0.5	6:23	-0.2	6:40	6:02	
2	Tue	12:52	6.9	1:11	6.3	6:57	0.2	7:03	0.4	6:38	6:03	
3	Wed	1:28	7.0	2:08	5.8	7:49	0.0	7:44	1.1	6:37	6:04	
4	Thu	2:06	7.0	3:10	5.3	8:43	0.0	8:28	1.8	6:35	6:05	
5	Fri	2:47	6.8	4:20	4.8	9:42	0.2	9:20	2.4	6:34	6:06	
6	Sat	3:34	6.5	5:39	4.6	10:48	0.3	10:26	2.9	6:33	6:07	
7	Sun	4:30	6.2	7:00	4.7			12:01	0.4	6:31	6:08	
8	Mon	5:37	5.9	8:09	4.9			1:11	0.4	6:30	6:09	
9	Tue	6:47	5.8	9:01	5.1	1:01	3.1	2:11	0.3	6:28	6:10	
10	Wed	7:51	5.8	9:42	5.3	2:05	2.8	3:00	0.2	6:27	6:11	
11	Thu	8:47	5.8	10:17	5.5	2:58	2.4	3:40	0.1	6:25	6:12	
12	Fri	9:35	5.9	10:47	5.6	3:44	2.0	4:14	0.2	6:24	6:13	
13	Sat	10:18	5.9	11:14	5.7	4:24	1.7	4:45	0.3	6:22	6:14	
14	Sun			12:00	5.8	6:01	1.4	6:14	0.5	7:21	7:15	
15	Mon	12:39	5.9	12:40	5.7	6:36	1.1	6:41	0.8	7:19	7:16	
16	Tue	1:02	6.0	1:20	5.5	7:08	0.8	7:07	1.1	7:18	7:17	
17	Wed	1:24	6.2	2:02	5.3	7:41	0.6	7:35	1.5	7:16	7:18	
18	Thu	1:49	6.3	2:47	5.1	8:15	0.4	8:05	1.9	7:15	7:19	
19	Fri	2:17	6.4	3:39	4.8	8:53	0.3	8:39	2.3	7:13	7:20	
20	Sat	2:51	6.5	4:41	4.6	9:39	0.2	9:21	2.7	7:12	7:21	
21	Sun	3:33	6.4	5:57	4.4	10:35	0.2	10:17	3.1	7:10	7:21	
22	Mon	4:27	6.3	7:17	4.4	11:45	0.2	11:37	3.3	7:09	7:22	
23	Tue	5:34	6.1	8:26	4.7			1:02	0.0	7:07	7:23	
24	Wed	6:53	6.1	9:20	5.1	1:08	3.1	2:12	-0.2	7:06	7:24	
25	Thu	8:11	6.1	10:05	5.5	2:25	2.7	3:11	-0.4	7:04	7:25	
26	Fri	9:21	6.3	10:44	5.9	3:28	2.0	4:01	-0.4	7:03	7:26	
27	Sat	10:24	6.4	11:22	6.3	4:24	1.3	4:47	-0.3	7:01	7:27	
28	Sun	11:23	6.4	11:58	6.7	5:16	0.6	5:30	0.0	6:59	7:28	
29	Mon			12:20	6.3	6:05	0.0	6:11	0.4	6:58	7:29	
30	Tue	12:34	6.9	1:15	6.1	6:53	-0.5	6:52	0.9	6:56	7:30	
31	Wed	1:10	7.1	2:11	5.8	7:41	-0.7	7:34	1.4	6:55	7:31	