





























Alameda, CA - Jul 2010

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|----------|-----|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 3:05 | 5.5 | 4:47 | 5.7 | 9:45 | 0.3 | 10:31 | 2.6 | 5:51 | 8:35 |  |
| 2 | Fri | 3:54 | 5.1 | 5:20 | 5.8 | 10:20 | 0.7 | 11:29 | 2.3 | 5:51 | 8:35 |  |
| 3 | Sat | 4:53 | 4.6 | 5:56 | 6.0 | 10:58 | 1.3 | | | 5:52 | 8:34 |  |
| 4 | Sun | 6:10 | 4.2 | 6:34 | 6.2 | 12:32 | 2.0 | 11:42 AM | 1.8 | 5:52 | 8:34 |  |
| 5 | Mon | 7:40 | 4.0 | 7:17 | 6.4 | 1:35 | 1.6 | 12:35 | 2.4 | 5:53 | 8:34 |  |
| 6 | Tue | 9:05 | 4.2 | 8:02 | 6.7 | 2:34 | 1.1 | 1:34 | 2.8 | 5:53 | 8:34 |  |
| 7 | Wed | 10:15 | 4.4 | 8:49 | 6.9 | 3:28 | 0.5 | 2:35 | 3.1 | 5:54 | 8:34 |  |
| 8 | Thu | 11:13 | 4.8 | 9:38 | 7.2 | 4:17 | -0.1 | 3:34 | 3.2 | 5:54 | 8:33 |  |
| 9 | Fri | | | 12:03 | 5.1 | 5:03 | -0.6 | 4:29 | 3.2 | 5:55 | 8:33 |  |
| 10 | Sat | | | 12:48 | 5.3 | 5:47 | -1.0 | 5:22 | 3.1 | 5:56 | 8:33 |  |
| 11 | Sun | | | 1:30 | 5.6 | 6:31 | -1.3 | 6:14 | 2.9 | 5:56 | 8:32 |  |
| 12 | Mon | 12:09 | 7.7 | 2:10 | 5.8 | 7:13 | -1.4 | 7:07 | 2.6 | 5:57 | 8:32 |  |
| 13 | Tue | 1:01 | 7.5 | 2:49 | 6.1 | 7:55 | -1.3 | 8:01 | 2.2 | 5:58 | 8:31 |  |
| 14 | Wed | 1:54 | 7.2 | 3:29 | 6.3 | 8:37 | -1.0 | 8:59 | 1.9 | 5:58 | 8:31 |  |
| 15 | Thu | 2:50 | 6.7 | 4:10 | 6.6 | 9:19 | -0.5 | 10:01 | 1.6 | 5:59 | 8:30 |  |
| 16 | Fri | 3:51 | 6.0 | 4:53 | 6.8 | 10:03 | 0.2 | 11:08 | 1.3 | 6:00 | 8:30 |  |
| 17 | Sat | 5:01 | 5.3 | 5:39 | 6.9 | 10:51 | 0.9 | | | 6:00 | 8:29 |  |
| 18 | Sun | 6:22 | 4.8 | 6:29 | 7.0 | 12:20 | 1.0 | 11:45 AM | 1.7 | 6:01 | 8:29 |  |
| 19 | Mon | 7:50 | 4.6 | 7:22 | 7.1 | 1:32 | 0.6 | 12:47 | 2.4 | 6:02 | 8:28 |  |
| 20 | Tue | 9:13 | 4.7 | 8:17 | 7.1 | 2:41 | 0.2 | 1:54 | 2.8 | 6:03 | 8:27 |  |
| 21 | Wed | 10:22 | 5.0 | 9:10 | 7.1 | 3:42 | -0.1 | 2:59 | 3.1 | 6:03 | 8:27 |  |
| 22 | Thu | 11:19 | 5.2 | 10:01 | 7.1 | 4:35 | -0.4 | 3:59 | 3.1 | 6:04 | 8:26 |  |
| 23 | Fri | | | 12:06 | 5.4 | 5:21 | -0.5 | 4:52 | 3.1 | 6:05 | 8:25 |  |
| 24 | Sat | | | 12:47 | 5.6 | 6:01 | -0.5 | 5:40 | 3.0 | 6:06 | 8:25 |  |
| 25 | Sun | | | 1:24 | 5.6 | 6:37 | -0.5 | 6:23 | 2.8 | 6:07 | 8:24 |  |
| 26 | Mon | 12:11 | 6.8 | 1:57 | 5.7 | 7:10 | -0.4 | 7:04 | 2.7 | 6:07 | 8:23 |  |
| 27 | Tue | 12:50 | 6.5 | 2:26 | 5.7 | 7:39 | -0.2 | 7:43 | 2.5 | 6:08 | 8:22 |  |
| 28 | Wed | 1:27 | 6.3 | 2:53 | 5.8 | 8:07 | 0.1 | 8:21 | 2.4 | 6:09 | 8:21 |  |
| 29 | Thu | 2:06 | 6.0 | 3:19 | 5.9 | 8:34 | 0.4 | 9:01 | 2.2 | 6:10 | 8:20 |  |
| 30 | Fri | 2:46 | 5.6 | 3:45 | 6.0 | 9:02 | 0.8 | 9:44 | 2.1 | 6:11 | 8:19 |  |
| 31 | Sat | 3:32 | 5.1 | 4:14 | 6.1 | 9:32 | 1.3 | 10:33 | 1.9 | 6:12 | 8:19 |  |