

























## Alameda, CA - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:29	4.7	4:48	6.2	10:07	1.9	11:32	1.8	6:12	8:18	
2	Mon	5:44	4.3	5:30	6.4	10:50	2.4			6:13	8:17	
3	Tue	7:17	4.2	6:20	6.5	12:39	1.5	11:46 AM	2.9	6:14	8:16	
4	Wed	8:46	4.3	7:17	6.7	1:49	1.1	12:57	3.3	6:15	8:15	
5	Thu	9:55	4.6	8:17	6.9	2:52	0.5	2:11	3.4	6:16	8:13	
6	Fri	10:48	5.0	9:16	7.2	3:48	0.0	3:17	3.3	6:17	8:12	
7	Sat	11:33	5.3	10:13	7.5	4:37	-0.5	4:14	3.0	6:18	8:11	
8	Sun			12:14	5.6	5:23	-0.9	5:08	2.6	6:18	8:10	
9	Mon			12:53	5.9	6:06	-1.0	6:01	2.2	6:19	8:09	
10	Tue	12:02	7.6	1:30	6.2	6:47	-1.0	6:53	1.7	6:20	8:08	
11	Wed	12:55	7.4	2:07	6.6	7:28	-0.7	7:46	1.3	6:21	8:07	
12	Thu	1:50	7.0	2:45	6.8	8:09	-0.3	8:41	1.0	6:22	8:06	
13	Fri	2:47	6.5	3:25	7.0	8:50	0.4	9:39	0.8	6:23	8:04	
14	Sat	3:49	5.9	4:07	7.1	9:34	1.1	10:43	0.7	6:24	8:03	
15	Sun	5:00	5.3	4:54	7.1	10:23	1.8	11:52	0.6	6:24	8:02	
16	Mon	6:20	4.9	5:48	6.9	11:21	2.5			6:25	8:01	
17	Tue	7:45	4.8	6:48	6.8	1:06	0.5	12:32	3.0	6:26	7:59	
18	Wed	9:02	5.0	7:52	6.7	2:17	0.4	1:46	3.2	6:27	7:58	
19	Thu	10:04	5.2	8:53	6.7	3:20	0.2	2:54	3.1	6:28	7:57	
20	Fri	10:54	5.5	9:47	6.7	4:12	0.0	3:52	2.9	6:29	7:55	
21	Sat	11:35	5.6	10:35	6.7	4:56	-0.1	4:41	2.7	6:30	7:54	
22	Sun			12:11	5.7	5:34	0.0	5:25	2.4	6:30	7:53	
23	Mon			12:42	5.8	6:07	0.1	6:05	2.2	6:31	7:51	
24	Tue	12:00	6.5	1:10	5.8	6:36	0.2	6:42	2.0	6:32	7:50	
25	Wed	12:38	6.3	1:35	5.9	7:04	0.5	7:18	1.8	6:33	7:48	
26	Thu	1:17	6.0	1:59	6.0	7:30	0.8	7:52	1.6	6:34	7:47	
27	Fri	1:56	5.8	2:21	6.1	7:56	1.1	8:26	1.5	6:35	7:46	
28	Sat	2:37	5.5	2:46	6.3	8:23	1.6	9:03	1.4	6:36	7:44	
29	Sun	3:23	5.1	3:15	6.4	8:53	2.0	9:47	1.3	6:36	7:43	
30	Mon	4:20	4.8	3:51	6.4	9:29	2.5	10:41	1.2	6:37	7:41	
31	Tue	5:35	4.5	4:38	6.4	10:15	3.0	11:48	1.1	6:38	7:40	