

























Alameda, CA - Nov 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:32	5.6	3:17	6.4	9:33	3.0	10:25	-0.2	7:34	6:10	
2	Sat	5:35	5.4	4:09	6.0	10:38	3.2	11:24	0.1	7:35	6:09	
3	Sun	5:39	5.4	4:12	5.5	10:52	3.2	11:26	0.4	6:36	5:08	
4	Mon	6:39	5.5	5:25	5.2			12:05	3.0	6:37	5:07	
5	Tue	7:30	5.6	6:39	5.1	12:26	0.6	1:10	2.6	6:38	5:06	
6	Wed	8:13	5.8	7:45	5.1	1:20	0.7	2:06	2.1	6:39	5:05	
7	Thu	8:49	6.0	8:43	5.2	2:07	0.8	2:53	1.6	6:40	5:04	
8	Fri	9:21	6.1	9:35	5.2	2:48	1.0	3:34	1.1	6:41	5:03	
9	Sat	9:50	6.3	10:23	5.3	3:26	1.2	4:13	0.7	6:43	5:03	
10	Sun	10:17	6.4	11:09	5.4	4:01	1.5	4:48	0.4	6:44	5:02	
11	Mon	10:43	6.6	11:55	5.4	4:35	1.8	5:22	0.1	6:45	5:01	
12	Tue	11:10	6.7			5:08	2.1	5:55	-0.2	6:46	5:00	
13	Wed	12:40	5.4	11:39 AM	6.8	5:42	2.5	6:29	-0.4	6:47	4:59	
14	Thu	1:27	5.4	12:12	6.8	6:19	2.7	7:05	-0.5	6:48	4:58	
15	Fri	2:15	5.3	12:50	6.7	6:59	3.0	7:46	-0.5	6:49	4:58	
16	Sat	3:08	5.2	1:33	6.6	7:46	3.2	8:34	-0.5	6:50	4:57	
17	Sun	4:04	5.2	2:25	6.3	8:45	3.3	9:30	-0.3	6:51	4:56	
18	Mon	5:04	5.3	3:28	6.0	10:00	3.3	10:32	-0.1	6:52	4:56	
19	Tue	6:02	5.5	4:45	5.6	11:22	3.0	11:38	0.0	6:53	4:55	
20	Wed	6:54	5.8	6:09	5.4			12:37	2.5	6:54	4:54	
21	Thu	7:41	6.2	7:29	5.4	12:41	0.2	1:43	1.7	6:55	4:54	
22	Fri	8:24	6.6	8:41	5.5	1:38	0.5	2:40	0.9	6:56	4:53	
23	Sat	9:05	7.0	9:46	5.6	2:30	0.8	3:32	0.1	6:57	4:53	
24	Sun	9:44	7.3	10:46	5.7	3:19	1.2	4:21	-0.5	6:58	4:52	
25	Mon	10:23	7.4	11:43	5.8	4:06	1.6	5:08	-0.9	6:59	4:52	
26	Tue	11:01	7.5			4:53	2.0	5:54	-1.1	7:00	4:52	
27	Wed	12:38	5.8	11:40 AM	7.4	5:40	2.4	6:38	-1.2	7:01	4:51	
28	Thu	1:31	5.8	12:19	7.1	6:28	2.7	7:22	-1.0	7:02	4:51	
29	Fri	2:22	5.7	1:00	6.8	7:18	3.0	8:06	-0.8	7:03	4:51	
30	Sat	3:14	5.6	1:43	6.3	8:11	3.1	8:51	-0.4	7:04	4:50	