



































Alameda, CA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:33	6.9	9:04	4.7	12:59	2.0	2:39	0.2	7:24	5:01	
2	Mon	8:15	7.0	10:09	4.9	1:55	2.5	3:30	-0.2	7:24	5:01	
3	Tue	8:56	7.0	11:03	5.2	2:49	2.9	4:15	-0.5	7:24	5:02	
4	Wed	9:35	6.9	11:50	5.4	3:40	3.2	4:55	-0.6	7:24	5:03	
5	Thu	10:12	6.9			4:27	3.3	5:32	-0.7	7:24	5:04	
6	Fri	12:31	5.4	10:49 AM	6.8	5:10	3.3	6:06	-0.7	7:24	5:05	
7	Sat	1:08	5.4	11:26 AM	6.7	5:51	3.3	6:38	-0.6	7:24	5:06	
8	Sun	1:43	5.4	12:02	6.5	6:29	3.2	7:08	-0.5	7:24	5:07	
9	Mon	2:15	5.3	12:39	6.3	7:07	3.1	7:38	-0.4	7:24	5:08	
10	Tue	2:46	5.3	1:17	6.0	7:46	3.0	8:07	-0.1	7:24	5:09	
11	Wed	3:16	5.4	1:59	5.6	8:30	2.8	8:39	0.2	7:24	5:10	
12	Thu	3:46	5.5	2:47	5.2	9:20	2.7	9:14	0.6	7:24	5:11	
13	Fri	4:19	5.6	3:49	4.6	10:21	2.4	9:54	1.2	7:23	5:12	
14	Sat	4:55	5.9	5:13	4.2	11:29	2.0	10:42	1.8	7:23	5:13	
15	Sun	5:36	6.2	6:54	4.1			12:38	1.4	7:23	5:14	
16	Mon	6:21	6.5	8:24	4.3			1:42	0.7	7:22	5:15	
17	Tue	7:11	6.8	9:36	4.7	12:46	2.9	2:39	0.0	7:22	5:16	
18	Wed	8:04	7.2	10:35	5.1	1:54	3.2	3:32	-0.7	7:22	5:17	
19	Thu	8:58	7.5	11:25	5.4	2:57	3.3	4:22	-1.3	7:21	5:18	
20	Fri	9:52	7.7			3:56	3.2	5:11	-1.6	7:21	5:19	
21	Sat	12:10	5.7	10:46 AM	7.8	4:51	3.0	5:57	-1.8	7:20	5:20	
22	Sun	12:53	5.9	11:40 AM	7.8	5:45	2.7	6:42	-1.8	7:20	5:21	
23	Mon	1:35	6.0	12:33	7.5	6:39	2.3	7:26	-1.5	7:19	5:22	
24	Tue	2:15	6.2	1:27	6.9	7:35	2.0	8:08	-0.9	7:18	5:23	
25	Wed	2:56	6.3	2:25	6.2	8:34	1.8	8:51	-0.2	7:18	5:24	
26	Thu	3:37	6.4	3:29	5.5	9:37	1.5	9:35	0.6	7:17	5:25	
27	Fri	4:20	6.5	4:44	4.8	10:46	1.3	10:24	1.4	7:16	5:27	
28	Sat	5:06	6.5	6:13	4.4	11:59	1.0	11:21	2.2	7:16	5:28	
29	Sun	5:55	6.5	7:43	4.4			1:11	0.6	7:15	5:29	
30	Mon	6:46	6.5	9:01	4.7	12:26	2.8	2:15	0.3	7:14	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	7:38	6.5	10:01	5.0	1:34	3.2	3:10	0.0	7:13	5:31	