






























Alameda, CA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:43	7.0			5:33	0.8	6:00	-0.6	6:39	6:03	
2	Wed	12:31	6.7	12:36	6.8	6:23	0.4	6:42	-0.2	6:38	6:04	
3	Thu	1:10	6.9	1:32	6.4	7:14	0.2	7:26	0.3	6:36	6:05	
4	Fri	1:51	7.0	2:30	5.9	8:08	0.1	8:12	0.9	6:35	6:06	
5	Sat	2:35	6.9	3:35	5.4	9:06	0.1	9:04	1.5	6:33	6:07	
6	Sun	3:24	6.7	4:49	5.0	10:11	0.2	10:05	2.1	6:32	6:08	
7	Mon	4:20	6.5	6:08	4.9	11:23	0.3	11:18	2.5	6:30	6:09	
8	Tue	5:24	6.2	7:23	5.0			12:36	0.3	6:29	6:10	
9	Wed	6:32	6.1	8:27	5.3	12:34	2.6	1:43	0.2	6:28	6:11	
10	Thu	7:37	6.0	9:18	5.5	1:43	2.4	2:39	0.1	6:26	6:11	
11	Fri	8:36	6.0	10:01	5.7	2:42	2.1	3:26	0.1	6:25	6:12	
12	Sat	9:27	6.1	10:38	5.8	3:32	1.8	4:05	0.1	6:23	6:13	
13	Sun	11:13	6.0			5:16	1.5	5:40	0.2	7:22	7:14	
14	Mon	12:11	5.9	11:55 AM	6.0	5:56	1.3	6:12	0.4	7:20	7:15	
15	Tue	12:40	5.9	12:35	5.9	6:33	1.1	6:42	0.6	7:19	7:16	
16	Wed	1:07	6.0	1:14	5.7	7:07	0.9	7:10	0.9	7:17	7:17	
17	Thu	1:32	6.0	1:53	5.5	7:40	0.8	7:38	1.2	7:16	7:18	
18	Fri	1:56	6.0	2:33	5.3	8:12	0.7	8:08	1.5	7:14	7:19	
19	Sat	2:21	6.1	3:16	5.1	8:46	0.6	8:39	1.8	7:13	7:20	
20	Sun	2:51	6.1	4:06	4.8	9:24	0.6	9:17	2.2	7:11	7:21	
21	Mon	3:27	6.0	5:07	4.6	10:11	0.6	10:03	2.5	7:09	7:22	
22	Tue	4:12	5.9	6:19	4.5	11:08	0.6	11:06	2.8	7:08	7:23	
23	Wed	5:09	5.8	7:33	4.6			12:17	0.6	7:06	7:24	
24	Thu	6:17	5.8	8:36	4.9	12:25	2.9	1:28	0.4	7:05	7:25	
25	Fri	7:32	5.8	9:29	5.2	1:44	2.7	2:32	0.1	7:03	7:26	
26	Sat	8:43	6.0	10:13	5.6	2:50	2.2	3:27	-0.1	7:02	7:26	
27	Sun	9:47	6.2	10:55	6.1	3:48	1.7	4:17	-0.3	7:00	7:27	
28	Mon	10:47	6.4	11:34	6.4	4:40	1.0	5:03	-0.3	6:59	7:28	
29	Tue	11:44	6.5			5:30	0.4	5:48	-0.1	6:57	7:29	
30	Wed	12:13	6.8	12:39	6.5	6:20	-0.1	6:32	0.2	6:56	7:30	
31	Thu	12:53	7.0	1:34	6.3	7:09	-0.5	7:16	0.6	6:54	7:31	